

BURSTING
OUT
OF THE
BUBBLE



1-3
Opening

17-31
Academics

48-58
Faces

90-111
Ads-Index

4-16
Seniors

32-47
Student Life

59-89
Sports

112
Closing

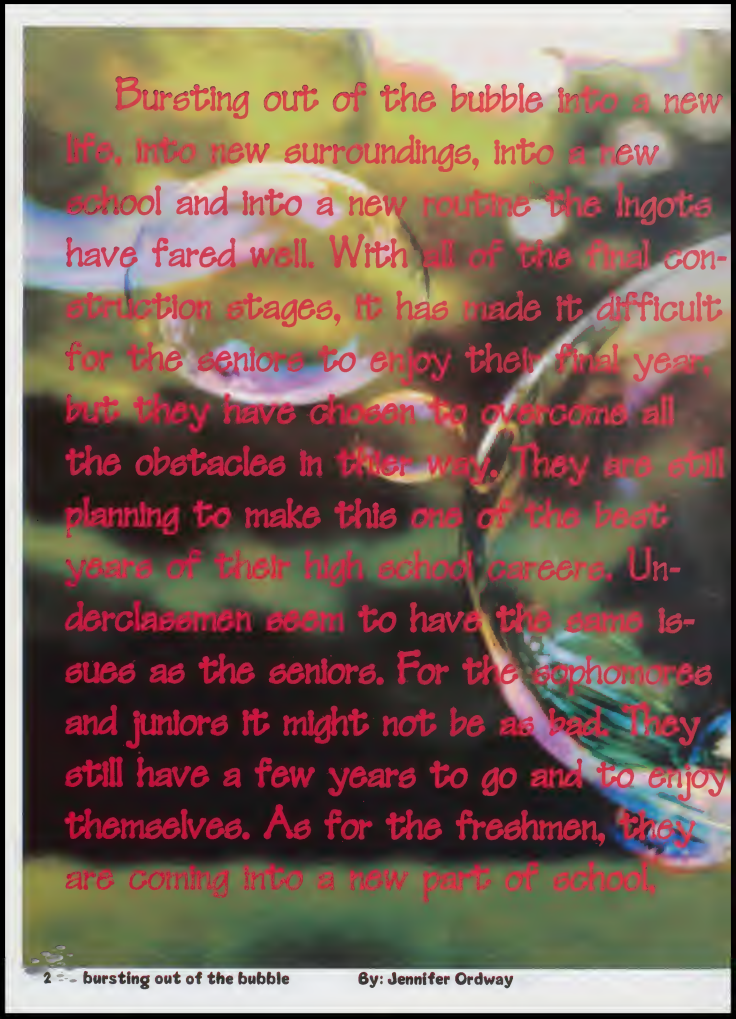
The word "Bubble" is written in large, stylized letters. Each letter contains a photograph of students in various poses and activities. The letters are arranged in a circular pattern around the central text.

out
of the
bubble

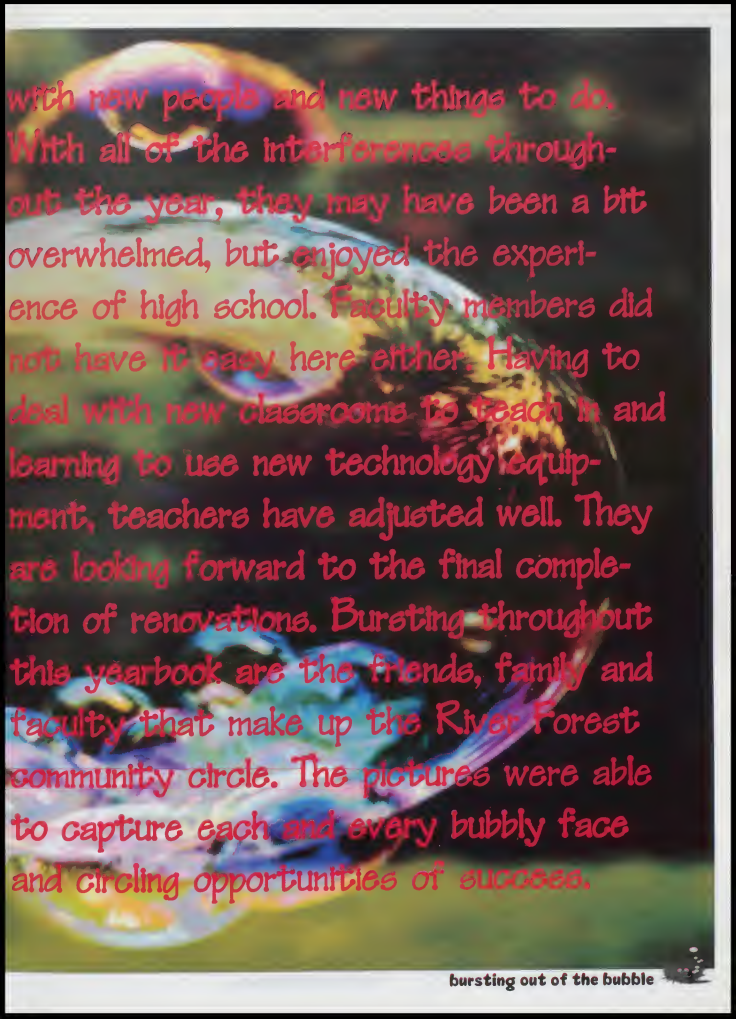
**2007 Ingot Yearbook
River Forest High School
3300 Indiana Street
Hobart, IN 46342
Volume 47**

By: Jennifer Ordway

Title



Bursting out of the bubble into a new life, into new surroundings, into a new school and into a new routine the Ingots have fared well. With all of the final construction stages, it has made it difficult for the seniors to enjoy their final year, but they have chosen to overcome all the obstacles in their way. They are still planning to make this one of the best years of their high school careers. Underclassmen seem to have the same issues as the seniors. For the sophomores and juniors it might not be as bad. They still have a few years to go and to enjoy themselves. As for the freshmen, they are coming into a new part of school.



with new people and new things to do. With all of the interferences throughout the year, they may have been a bit overwhelmed, but enjoyed the experience of high school. Faculty members did not have it easy here either. Having to deal with new classrooms to teach in and learning to use new technology equipment, teachers have adjusted well. They are looking forward to the final completion of renovations. Bursting throughout this yearbook are the friends, family and faculty that make up the River Forest community circle. The pictures were able to capture each and every bubbly face and circling opportunities of success.



seniors
Seniors
seniors seniors
seniors

2007





Most Likely to Succeed
John Herring & Jennifer Oakley



Most Likely to Succeed
John Herring & Jennifer Oakley



Most Likely to Succeed
John Herring & Jennifer Oakley



Class Couple
Michael Perkins & Cristal Cisneros



Best Dressed
Korina Tucker & Tasha Henderson



Best Dressed
Korina Tucker & Tasha Henderson



Cell Phone Winner
Jonathan Ellis & Jonathan Ellis



Class Clowns
Erica Herring & John Herring



Best Eyes
Ashley Clark & Justin Clark



Most Artistic

Mandy Timmerman & David Fazio



Most Athletic

Amelia Perez, Nicholas Poulos, & Gabriel Gonzalez



Biggest Teddy Bear

Amelia Poulos & Nicholas Poulos



Tallest & Shortest

Lucas Poulos, Kelly Morgan, Maria Poulos, & Nicholas Poulos



Most Likely to Succeed

Nicholas Poulos & Maria Poulos



Class Farts

Greg Stokes & Angel Trinidad



Quietest

Mandy Timmerman, Nicholas Poulos, & Angelina Poulos



Biggest Movie Star

Erin Hawens & Kenneth Soria



Most Likely To Be Caught Singing

Hermine Robinson & David Rose



Isabella, Jordyn, & Allison



Clay

Travis, Kelli, & Christopher Anthony



Benjamin

Jessica, Sam



Christina, Cleodora



Class Song: "Good Riddance" - Green Day



Christopher, Anthony

Class Flower: Tiger Lily



Jonathan, John

Class Colors: Orange and Silver



Travis, Thomas



Isabella, Isabella

Isabella, Isabella



Isabella, Isabella

Isabella, Isabella

Isabella, Isabella





Class Motto: We are now on our way, recalling every second of every-day, the friends we made, the dreams we had, remembering all parts, happy, some sad, but things are not over and done. We know the best is yet to come.





Most Spirited

Michael Pappas & Crystal Cisneros



Best Pair

Veronica Treviño & Kenneth Ellis



Best Pair

Jessica Chavez, Thomas Hinkley & Matthew



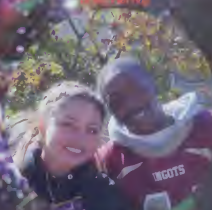
Halfway Patrol

Erica Havens & Trenton Halcomb



Most Clumsy

Tasha Estroff & Salvador Chul



Best Pair

Kristina Torres & Yvonne Taylor



Teacher's Favorite

Nathan Mitchell & Ashley Herrera



Life Of The Party

Jennifer Ordaz & John Horning



Most Likely to be Heard Dancing in the Hall

Erica Buckwalter, Kameron Brown & Jessica Gray



Most Talkative

Audrey Harrison & David Koon



Funniest & Smallest Feet

Andrew Clark, Ulisses Aguilar, Carlos
Pineda & Brittany Robinson



Funniest Facial Expressions

Andrew Schneider & Erica
Harris



Most Mouthy

Christina O'Leary & Kenneth Smith



Most Likely to be Famous

Caroline Coleman & John Herring



Most Likely to become a Bodybuilder

Stephen Harrison & Jennifer Perez



Most Drunk

Matthew Hang & Kristin Singer



Worst Cars

Erin Havens & Jonathan Elen



Most Likely to be a Farmer

Rosanne Florek & John Herring



Senior's Meet



Ulysses Ayala "My most memorable moment was my sophomore year. It was the last day of golf and Quag and I agreed that for every game I'd speak nothing but Spanish. It was so funny watching everybody trying to understand me. Then when we went to go say our scores to the coach, I would speak English. **Jonathan Elias**



It was a very good day for the team. We had a lot of fun and we were able to finish the race. The weather was perfect and the course was well marked. We had a lot of support from the spectators and the team was very happy. We were able to finish the race and we were very proud of our team. We were able to finish the race and we were very proud of our team. We were able to finish the race and we were very proud of our team.



my senior year in tennis when I won regionals it was the most memorable event. Trenton Halcomb

[illegible]

Winning told all of us to close our eyes and picture the funniest yet grossest thing we ever heard of. I had to visualize, he told us. I was the only one of how stupid people look walking through the halls with their stomachs hanging out. **WE GOT THE POINT!** Angelina Naranjo



On a warm night in September, I went to the movie "Love Story." It was the first time of seeing that kind of movie again. One of the girls who was at the same school as me showed me. It was 10 years ago, and I never went to the first classroom that was built in 1968 but spent my 4 years of school and was not there when it was burned to the ground. I will never forget that night.



Clark knee
Uniforms
and the
in our way back from lunch. She flew in the air and landed on the ground
and she had to wear a knee brace.





Memorable Moments

Michael Perkins My most memorable moment in MA school is when we played Gary Wirt in football in 1969. I played as a guard and I had a front row position. Also, getting to spend my 4 years of high school with Crested Learning as the school of choice. **James Fluke** My most memorable moment was when I was in Mr. Burton's class and he started me with **Mr. Hermine Robinson**. My most memorable moment is my time in school. I spent a lot of time with friends, Danos, James, homecoming, playing, movies, dancing. My time in school was a great time. I will miss it all with them. **Rose**

...this special moment is Christmas 2005. It was the last time the group was all together. I had to be in the hospital and had to be sedated to rest after that night. Every time I think about it, I get reminded about the importance of family. It builds character for the rest of your life. This Christmas will never be forgotten. Love,
Kristen Singer

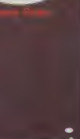
many crazy things happened, and we got caught in the plague, the pit, lying comas, and realizing Wal-Mart's self-checkout doesn't work. **Nicholas Sovich:** "My most memorable was during the Junior year when we had a tradition of going out to White Castle after every game. So on the day after the game, we ate up, were leaving White Castle to go back to Treble, and then Matt and Tony were in the

[illegible]

most memorable moment I had at River Church was when Mrs. Milburn was asked to sing to the wall at the Christmas assembly. Angel Trindler, my most memorable moment would be to be when I'm with Veronica, when we were trying to figure out what phone to have. homecoming Veronica said let's

11/06/05 - I would have been in the time I wrote the school record book in the high junior with 16.59 seconds and my record of the time I got my first 1K of 16.1 seconds at the Lake Umbagog meet. Both the record and the book would have been set by 10th grade in the spring of 2005.

There's a really important moment in the film. I never knew it was in 1980, prior to that. In 1980, the day right my father was making *U2 Rattle and Roll*. That's the day my whole life changed. Another memorable moment was when I went to Paris with Michael, Cristal, Gina, Makela, and myself for the first time. It was a very long night. We danced the night away.



Senior Credits



Tony Arocho: Football 1,2,3,4; Basketball 1,2,3; Baseball 1,2,3,4; Mentor 3,4

Ulises Ayala: Football 4; Golf 1,2,3; Mentor 4

Timothy Bandy: Football 2; Cross Country 1,2,3; Basketball 1,2,3; Track 1,2; Golf 1,2; Bowling 4; Honor Society 2,3,4

Erica Buckwalter: Tennis 3,4; Cheerleading 2,3,4; Band 1,2,3,4; Honor Society 2,3,4; Mentor 3,4; Auxiliary 1

Cristal Clenores: Cross-Country 1,2,3,4; Basketball 1,2,3,4; Track 1,2,3,4; Softball 3; Spanish Club 2,3,4; Student Council 2,3,4; Honor Society 2,3,4; Mentor 3,4; Homecoming Court 2,3,4; Yearbook 1,2,3,4; Newspaper 4; Auxiliary 1

Ashley Clark: Tennis 3,4; Volleyball 1,2,3,4; Bowling 1,2,3,4; Band 1; French Club 2,3,4; Student

Council 1,2,3,4; Honor Society 2,3,4; Mentor 3,4; Homecoming Court 1,2,3,4; Yearbook 4; Newspaper 1,2,3,4; Auxiliary 1,4

Jonathan Elias: Tennis 3,4; Football 1,2; Basketball 1,2,3,4; Baseball 1,2,3,4; Band 1,2; Honor Society 2,3,4

Tasha Estep: Volleyball 1; Track 1,2,3,4; Drama 1; Marching Band 1,2,3,4; Pep Band 1,2,3,4; Band 1,2,3,4; Mentor 3,4

Rasanna Florek: Tennis 1; Cheerleading 1,2; Track 1,2; Drama Club 1,2,3; Band 1,2,3,4; Student Council 1,2,3; Mentor 4; Newspaper 1

Matthew Haag: Football 3,4; Track 3,4; Band 1; Spell Bowl 1,2,3; Academic Bowl 1,2,3; Mentor 4

Trenton Halcomb: Tennis 3,4; Football 1,2; Basketball 1,2,3,4; Golf 1,2,3,4; Band 1,2; Honor Society 2,3,4; Mentor 4; Yearbook 4

Erica Havens: Cheerleading 1,2; Volleyball 1,2,3,4; Track 1; Softball 1,2,3,4; Mentor 3,4; Newspaper 1; Auxiliary 4

Tianna Henderson: Honor Society 3,4; Mentor 3,4

John Herring: Golf 2; Band 1,2; Spanish Club 2,3,4; Honor Society 2,3,4; Mentor 4; Yearbook 4

Yo Chen Hou: Auxiliary 1; Drama Club 1; Marching Band 1,2,3,4; Jazz Band 1,4; Pep Band 1,2,3,4; Honor Society 2,3,4; Academic Spell Bowl 3,4; Academic Super Bowl 2,3,4; Student Council 3,4; ISSMA State Solo 2,3,4

Nathan Michalk: Basketball 1; Track 1,3,4; Honor Society 2,3,4; Academic Bowl 1,2,3,4; Academic Decathlon 1,2,3,4; Mentor 3,4

Angelica Naranjo: Mentor 4

Jennifer Orday: Volleyball 1,2,3,4; Basketball 1,3; French Club 1,2,3; Student Council 3,4





Academic Decathlon 1; Mentor 3,4; Yearbook 1,2,3,4; Newspaper 4; Dance 1,4

Jennifer Perez: Volleyball 1,2,3,4; Softball 1,2,3,4; Honor Society 3,4; Mentor 3,4; Homecoming Court 4; Newspaper 1,2

Michael Perkins: Football 1,2,3,4; Basketball 2,3,4; Baseball 1,2,3,4; Mentor 3,4; Yearbook 4

Nichelle Riley: Cross Country 1,2; Softball 1; Choir 2,3

Hermine Robinson: Cheerleading 3,4; Drama Club 2,3,4; Band 1,2,3; Choir 1,2,3; Mentor 4; Homecoming Court 4

Brittany Robison: Cheerleading 1,2; Golf 2,3,4; Bowling 2; Drama Club 1,2,3,4; Jazz Band 1,4; Pep Band 1,2,3,4; Band 1,2,3,4; Marching Band 1,2,3,4; Academic Bowl 4; Mentor 4

Vernon Tucker: Football 3,4; Basketball 2,3; Track 1,2,3,4; Band

1,2; Mentor 4

David Roso: Football 1; Bowling 1,2,3,4; Newspaper 4; Student Council 1; Mentor 3,4

Amanda Rues: Tennis 1,2,3,4; Cross Country 3; Volleyball 1,2,3,4; Basketball 2,3,4; Bowling 1; Band 1; Spanish Club 2,3,4; Student Council 4; Mentor 3,4; Auxiliary 1,4

Andrew Saalwaechter: Football 1,2,3,4; Basketball 2,3; Track 1; Band 1,2,3,4; Spell Bowl 1,2; Academic Decathlon 1; Mentor 4

Kori Saalwaechter: Drama Club 1,4; Band 1,2,3,4; Jazz Band 3, Pep Band 1,2,3,4; Marching Band 1,2,3,4; French Club 1,2,4; Mentor 4

Kristen Singer: Cheerleading 3,4; Choir 2,3; Honor Society 4; Mentor 4

Gregory Stokes: Football 3,4; Basketball 1,2,3,4; Track 1,2,3,4;

Band 1,2,3,4; Spell Bowl 1; Academic Bowl 1

Veronica Torres: Tennis 2,3,4; Volleyball 2; Softball 1; Mentor 3,4; Homecoming Court 4

Angel Trinidad: Volleyball 1,2,3; Basketball 1,2,3,4; Softball 1,2,3,4; Mentor 3,4

Vernon Tucker: Football 3,4; Basketball 3,4; Track 1,2,3,4; Band 1,2; Mentor 4

MaRita Ward: Volleyball 1; Honor Society 2,3,4; Spell Bowl 1; Newspaper 1,2



Good-bye Class of 2007



Filling in the Right Bubbles



Academics are the classes in high school that serve as the main backbone for one's learning. This year, River Forest offers an adventurous array of academics. Several new teachers have been hired to teach classes that teachers have left behind. Also, River Forest is becoming more modern in the technological field. A smart lab was built so River Forest could offer modern computer and technology courses. Mr. Paul Murray is very excited for the smart lab and looks forward to many years of productive education with it. River Forest also offers the same courses it had in years past. These include many types of mathematics, English, science, physical education, journalism and foreign language classes. More science classes have been offered due to the help of Mrs. Wendy Paschel. These classes are academic classes. They are required to be taken and passed so that one is eligible to graduate.

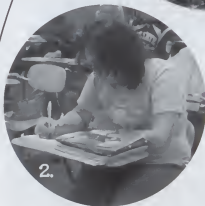
By: John Herring

academics



1. Freshman Jordan Lewis and sophomore Alyssa Trinidad work on their geometry homework. Math is knowledge that can be used for everyday experiences.

2. Senior Mandy Timmerman works on a biology assignment for Mr. Michael Stye. This year the students dissected frogs as well as fish to learn about the anatomy of amphibians.



3. Students in Mr. Rusty Copeland's Algebra I class are busy copying the equations down from the overhead. The class then listened attentively as Mr. Copeland explained how to solve the problems.

4. Biology teacher Ms. Wendy Fiebel goes over the chapter test with her class. Her students spent the rest of class taking notes.

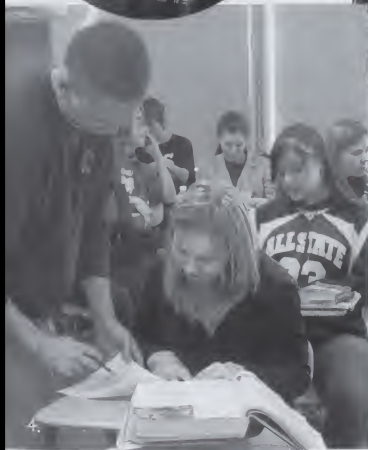
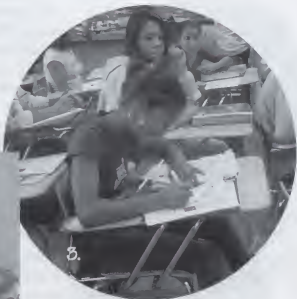


Completing the bubbles 360 degrees at a time

The mathematics department welcomed back returning teachers. Mr. Jack Burton teaches Geometry and Algebra I. Mr. Al Dettlerline teaches Algebra II, basic skills and geometry while Mr. Rusty Copeland teaches Intro to Algebra, Algebra I, Algebra II, AP Calculus and Trigonometry. Mr. Copeland tries to use different methods to help students succeed in his classroom. One of the strategies used by many higher math level students is the quadratic formula song, which goes, "x, x, x, x equals negative b, plus or minus the square root of b squared, minus four a c, all over two a, all over two a, the whole equation is all over two a." Because of the construction, Mr. Burton had to move to a different room this year. Even with all the construction, Mr. Burton, Mr. Dettlerline and Mr. Copeland are working on teaching students all about mathematics and forwarding their mathematical education.

The science department welcomes a new teacher, Ms. Wendy Fiebel, as well as Mr. Michael Stye, who returned this year. Ms. Fiebel and Mr. Stye work together to teach students Chemistry I and II, Biology I and Earth/Space science. This is Ms. Fiebel's first time teaching in the high school, and she hopes to do many labs and experiments with her students. She took her biology classes to the trails behind the school to see how plants and animals interact together. Students in Mr. Stye's biology classes took an educational field trip to the Indiana Dunes.

1. Freshman Kristina Morris takes notes during her Algebra I class. Kristina copied the example equations down in her notes so she would have something to study for the quiz.
2. Mathematics teacher Mr. Rusty Copeland explains the lesson by using the overhead. The class quietly wrote down the important information from the notes so that they can use them to help with their homework.
3. Freshman Natalie Garza goes over the section in biology class. Ms. Wendy Fiebel passed out worksheets on the section so the class will get a better understanding of what they are learning.
4. Freshman Dreanna Robinson gets help on a biology assignment from her teacher, Mr. Michael Syke. The rest of the class completed the assignment as Mr. Syke walked around helping students who needed it.
5. Sophomore Charlene Szperaga finishes her geometry assignment. Students should usually get a new assignment each night for homework in Mr. Burton's class.



1. Mrs. Sandra Mihalik teaches her English class vigorously. Mrs. Mihalik was very thorough with her students to make sure they were well prepared for college.

2. Sophomore Natalie Sovich talks to junior Amanda Kleser as they look for photos. The newspaper staff was required to take pictures of students and events for the newspaper.



3. Senior Eric Buckwalter and junior Jonathan Hurston direct their attention to Mr. Jeff Sygdt. This was Mr. Sygdt's second year as a River Forest High School teacher.

4. Junior Brita Ester collects ads over the phone for the yearbook class. The yearbook class was required to sell ads to raise money to produce the yearbook.

English and Journalism and Bubbles, Oh My!

Reading stories is a great way to rejuvenate one's mind, body and spirit. English and journalism are two courses that involve reading, as well as writing. Throughout the journey of high school, students read a variety of fascinating stories such as "Beowulf", "Julius Caesar" and "The Autobiography of Benjamin Franklin". All of these works are different in their own special ways, but they each offer different life lessons. Journalism, on the other hand, involves much more writing. Students actively participate in the publication of the yearbook and newspaper. Even though it is demanding, students completed their spreads on time because they are dedicated. However, English and journalism are not all about reading and writing. Some classes participate in activities. A select number of students went on a field trip to see a professional staged performance of "The Taming of the Shrew". All of the freshman English classes read "Romeo and Juliet", and some students had the opportunity to act out the famous play in class. Freshman Rachel Cook stated, "The story of Romeo and Juliet is a very educational play. It is tragic and somewhat romantic." Speech class may help students to overcome their fears of speaking in front of large groups of people. Mr. Jeff Sygdt teaches the students the proper forms of speeches and reminds them to be themselves in front of everybody.

1. Freshmen Elliot Franklin and Kayla Lopez work together on the board. Teamwork was an important part in helping students truly comprehend the material.

2. Senior Cristel Cieneros helps freshman Ashley Ables with her spread in yearbook. Cristel took yearbook all four years of high school and was the co-editor along with senior Jennifer Ordway.

3. Sophomore Gerica Brown, Kristal Whitten, junior Margarita Springer and senior David Rose work on their pages in newspaper. Newspaper was a quicker paced class and the students worked hard to keep up with their deadline.

4. Miss Molly Kradel instructs her English class while Mr. Anthony Duron tutors a student. Extra effort by the teachers was important to the shaping of young minds of students.

5. Sophomore Derek Stokes takes notes while Miss Francie Blaney helps the class with their novel "Killing Mr. Griffin." This was only one of the many stories that the sophomore English class was required to read.



1. Sophomore Alexander Tuzinski works hard on his Spanish test. Students also had to take listening and speaking tests during the year.
2. Mr. Jeremy Moore helps junior James Gasevsky search the Internet for an assignment. Mr. Moore was one of many teachers who focused on using the new technology from the construction.



Going Around The World



The foreign language and history classes are going around the world. Mrs. Nancy Finnick explores the Spanish culture and language of Spain and Mexico, while Mr. Ricky Baron shows his classes the customs and practices of the French. The French class made some of the best French cuisine in addition to conjugated various verbs. With this being almost her 30th year of teaching Spanish, Mrs. Finnick still looks for new ideas and keeps the enthusiasm of a first year teacher alive in each of her lessons. Mrs. Finnick said, "My students are doing really good this year and they are really learning faster than what I thought." Mr. Kirk Whiting taught world history, psychology and American History. He also entered year two teaching AP History with the hopes of more students achieving college credit while still in high school. Mr. Whiting was also lucky in that he started the year with the new overhead projector that plays DVDs, CDs and hooks up to his computer for PowerPoint presentations. Mr. Jeremy Moore has said even though he's only been here for two years, he loves the students and co-workers. He tackled current events, government and economics, hoping to prepare seniors for life after River Forest to the best of his ability.



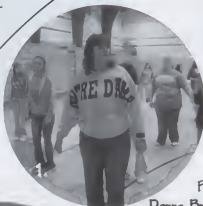
3. Senior Kassanne Florek makes a God's eye for her Spanish I class. This is a traditional project the class does each year.
4. Seniors Erika Buskwalter and Ashley Clark make quiche for French Club. The French Club celebrated the end of French week with a dinner after school in November.



1. Freshman Jeremy Stover is paying attention to what Mr. Whitting has to say about ancient Greece. Mr. Whitting used many anecdotes outside of the textbook to keep his classes interesting and amusing.
2. Junior Dina Kazakevich and Senior Habiba Abd-El-Moety are making chicken cordon bleu for the French club. Making chicken cordon bleu was a hit among the students.
3. Freshmen Ryan Smith and Dexter Washington work on their God's eyes for their Spanish I class. Each student had to bring in their own yarn in colors of their choice.
4. Mr. Kirk Whitting points out an event on the timeline of ancient Greece. He made the timeline for his students so they can understand the events better.
5. Seniors Salvador Guol, Matthew Haag, Loren Pardini and Angelina Naranjo are working on a computer assignment for Mr. Moore's class. The fate of many seniors were in Mr. Moore's hands since passing or failing them determined if they walked across that stage graduation night.



1. Ms. Donna Briggs shows her students a line dancing video that shows each step required for different dances. Ms. Briggs slowly danced the routine for everyone.
2. Freshman Arturo Vega practices his free-throws during his fifth period gym. The class was allowed to shoot around after they finished the written test over basketball.



3. Without letting it hit the floor, senior April Yanez runs toward the basket and knocks it back to her partner. She and her teammate practiced keeping the ball in the air until it was their turn to play a game.
4. Mr. Richard Heavilin teaches his class the chapter on drugs and alcohol. The class did different projects during the drug and alcohol course.

Bubbling into fitness and health

Physical education teachers Mr. Richard Heavilin and Ms. Donna Briggs showed their students that daily exercise helps them maintain a healthy and fit body. Mr. Heavilin and Ms. Briggs teach basic physical education, but Mr. Heavilin teaches advanced also. Students played various sports, such as basketball, volleyball and softball throughout the year. Every student was graded on their skills, how well they worked with others and participation. Mr. Heavilin also gave his students written tests on the sports they played in class that counted toward their grade. Usually each unit lasted for a few weeks. Once the class finished a unit, such as line dancing, they moved onto the next.

Mr. Heavilin also teaches health class. Students learned the importance of maintaining a healthy body and staying away from drugs and alcohol. They followed diagrams and charts in the health book to further their education. Students did reports on various subjects such as the dangers of abusing drugs and alcohol and on the different types of STDs. Mr. Heavilin explained each lesson so the students were prepared for the chapter tests and quizzes. Sophomore Ashley Gebhardt stated, "Mr. Heavilin makes health fun for us. I understood it every single step of the way!" Students learned that knowing how the body works is just as important as knowing how to keep it healthy.

1. Freshman Tavia Duff does her first set of 20 crunches during her third hour gym class. Two sets of 20 crunches and push-ups were part of the routine in Ms. Briggs' physical education classes.

2. Sophomore Corrie Campfield reads her report on the dangers of smoking. Her class had to write a one-page essay on drugs and alcohol.

3. Freshman Joseph Cardin blocks freshman Jordan Lewis from passing the ball to his teammates. Joseph stole the ball and went up for a lay-up, making a basket for his team in gym class.

4. Sophomores Brian Dorby and freshman David Hamilton work together as a team to defeat their opponents in their advanced gym class. The teams played up to 15 points and then switched with other groups.

5. Sophomore Tiffany Deaton works on her assignment in her health workbook. When every student finished, Mr. Heavilin went over the pages with the entire class.



1. Senior Keri Snelwaschter paints over the letters on her poster for Mrs. Komosa's art class. Many of her projects were displayed at this year's art fair.

2. Freshman Matt Diaz and sophomore Brian Dorby practice the trumpet for marching band. The band played at the Fourth of July parade as well as many other parades.



3. Freshman Lellany Soto has a fun time making pizzas in her home economics class taught by Ms. Jeessia DeRolf. Lellany enjoyed the experience of cooking and plans on taking the class next year.

4. Junior Kyoto Rolon and freshman Amber Leonar sing with the choir. Ms. Gualtieri made sure the class sang in the right key by playing the piano.

A Million Minds Bursting Out of the Circle

The Fine Arts/ Home Economics department welcomed back two returning teachers, as well as two newcomers. Band director Mr. Nick Boersma returned this year with a new idea for his band students. Instead of every band member participating in marching band, he gave students the choice of either marching band or concert band. Many different awards are given to band members because of their outstanding achievement in music. One of the awards is the famous Sousa award. The band, along with the choir, perform at most of the school concerts, games and assemblies. The new choir teacher this year is Ms. Deanna Gualtieri. The choir worked on songs during the concerts for the school year. The songs will test her students' vocal range and talent. At the choir concert, parents and students were taken back by the harmonious sound coming from the students.

The art teacher, Mrs. Gloria Komosa, also returned this year after 33 years of teaching. Students in Mrs. Komosa's classes learned art design, drawing and painting, two-dimensional art and sculpture. Many of the art work is usually displayed at the annual art fair held in the junior high gym. Ms. Jeessia DeRolf became the new home economics teacher. Students cooked various

foods and learned how to take care of a baby. Besides teaching students home economics, Ms. DeRolf also teaches students about family relations, consumer education and textiles, as well as nutrition and wellness.

1. Ms. Deanna Gualtieri's choir class warms up before singing the songs for the day. The choir warms up by singing the different types of scales.

2. Seniors Erica Buckwalter and Brittanny Robison are in their fourth and last year of marching band.

3. Sophomores Sonia Lopez and Melanie Bruce cook food during their home economics class. Melanie and Sonia worked together with the other students in the class to create many different kinds of food throughout the year.

4. Senior David Rose and sophomore Gerola Brown spend their time in art class working on a project. Mrs. Gloria Komosa, the art teacher, picked the top projects to be displayed at the art fair this year.

5. Freshman Amanda Ramos and sophomore Krystal Whitten practice their trombone during marching band class. The class worked on songs for the winter concert and the many other concerts they performed at.



1. Junior Jason Lopez works on the school website arranging pictures of students on Honor Roll. He enjoyed the new tech lab because the technology is much faster now.

2. Senior Michael Swanson works hard on attempting to carve a piece of lumber into a baseball bat. Michael got the inspiration to make a bat from watching baseball on television.



3. Junior Corey Moreau sands a piece of wood for the shelf he is attempting to finish before school is out. Corey has been in wood shop since he was a freshman.

4. Senior Timothy Bandy attempts to see how many volts a lemon can conduct by using the smart lab. There are many new activities that students can test.



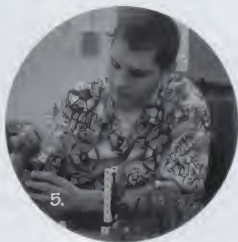
Drilling holes with success

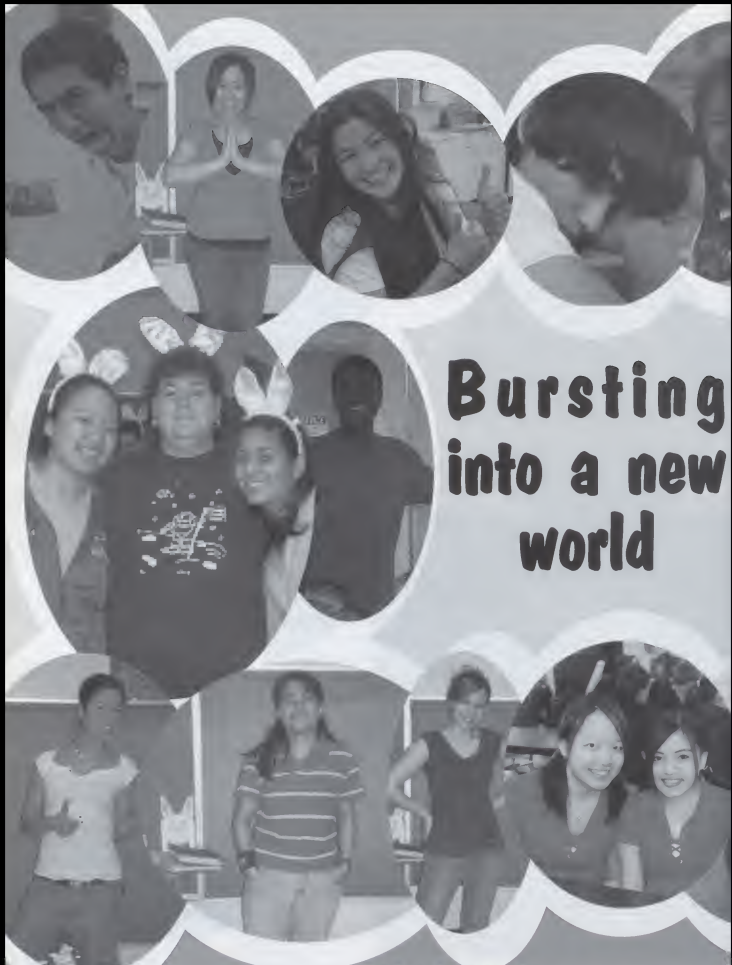
Mr. Paul Murray was happy to finally see the smart lab up and running. Many students in Mr. Murray's classes enjoyed being able to use this new technology because it made the projects interesting. Other good news was that, after six months of classes in the library, students were able to use all industrial art rooms. Mr. Murray was glad to start new projects. Senior Timothy Bandy stated, "Using the smart lab, students can learn about various fields of technology including sound, electricity, audio-visual, and science." The smart lab, installed this past fall, offers River Forest students real-world and simulated experiences with cutting-edge technologies. "As a teacher I'm finding that students are eager to come to class and begin their engagements (learning experiences)," stated Mr. Murray. Second year teacher Mr. Dave Blevins was also excited to see his new computer classes in the high school. He used the junior high lab at the start of the school year, while the construction workers finished the high school lab. Mr. Blevins said, "Our new computer lab is shaping up nicely. Once our computers and software are upgraded, our lab will rival that of any school around." This lab can be used for general instructions, studying, small meetings and for computer classes. In the new computer lab, the floor has been elevated and all the computers are in a U-shaped formation.

1. Mr. Dave Blavine shows senior Kenneth Sorin how to use Microsoft Excel in the new computer lab. There are many new programs students can use with the new lab.
 2. Mr. Paul Murray shows freshman Jeffery Obermeyer how to perform radio waves with the technology in the smart lab. Mr. Murray was overwhelmed to see how well the students reacted to the new technology.
 3. Freshmen Anthony Smith shows Andres Gonzalez how to put the administrator program on the school website. These two were thrilled about being the first to use the smart lab.

4. Sophomore Tony Squires attempts to indicate the pressure that the interactive strength challenge shows. The new machine can indicate how much pressure it takes to crush a can.

5. Sophomore Jonathan Stone carefully works on putting together his project. John hopes to use the knowledge he acquired from his industrial class in the future.





Bursting into a new world



Each year, River Forest High School is greeted by many new students. Some of these students came from different parts of the world. Attending for the 2006-2007 school year included Parvzebo Aminov from Uzbekistan, Raehid Huseynov from Azerbaijan, Margareta Spranger from Germany, Meriam Laoyan from the Philippines, Abdul Kappiah from Ghana, Straya Sertwongee from Thailand, Dina Kazakovich from Russia, Paradizza Putri from Indonesia, Habiba Abd-el-moety from Egypt, Mariana Souza from Brazil and Vanessa Yeo Yi Ling from Malaysia. Some of these students attended for the full year and others for only one semester. The exchange students came here to experience American culture and education and to better their English. These new students took full advantage of their time here. Many experienced a typical American life by participating in sports such as football, volleyball, cheerleading, and track. Not only did the students of our country have an abundance of things to teach the foreign exchange students, but each of the new students brought something new and different to teach the students of River Forest High School.



The Circle of Life



Aside from the school work, students have a lot of things going on in high school. There are various dances and organizations that students can be a part of. Turnabout was the first major dance and it was held in February. The idea of Turnabout is for the girls to ask the guys out to the dance. Prom was the other major dance and it was held at Turkey Creek Country Club in April. Student life involved other forms of fun. During fall and winter sports, pep rallies, dances and school activities were held for homecoming. Some students were involved in student council, while others were involved in accelerated programs like the National Honor Society. The National Honor Society consists of selected honor students who take major trips every year. Other groups include the dance team, which performed at certain events for the school. For the more intellectual students, River Forest offered academic teams for students to join and compete in district competitions. These activities were all part of student life.

Club Pictures



Academic Spell Bowl

Front row: Kaylee Huteon, Kristina Carrillo, Yu Chen Hou; row 2: Jordan Lewis, Katherine Randiteas, Renee Parker; back row: Andrew Saalwaachter, Nathan Michalk, Matthew Haag and Tyler Billingsley.



Academic Decathlon

Front row: Yu Chen Hou, Katherine Randiteas, Kristina Carrillo, Kaylee Huteon; row 2: Jordan Lewis, Dominic Hurley, Nathan Michalk, Matthew Haag; back row: Andrew Saalwaachter.



Academic Super Bowl

Front row: Kaylee Huteon, Kristina Carrillo, Pradizza Putri, Yu Chen Hou; row 2: Tiffany Deaton, Jordan Lewis, Katherine Randiteas, Kristal Whitten, Cesar Gutierrez; back row: Andrew Saalwaachter, Matthew Haag, Tyler Billingsley, Dominic Hurley and Nathan Michalk.



National Honor Society

Front row: Jonathan Elsa, John Herring, Jonathan Bojorquez, Brandon Stack, Mikendra Jones; row 2: Timothy Bandy, Jonathan Graun, Trenton Halcomb, Ashley Clark, Jennifer Perez, Jessica Bandy, Cristel Cieneros, Tianna Henderson, MaRita Ward, Megan McGrokey; row 3: Amanda Klorer, Ashley Richardson, Britne Ester, Yu Chen Hou; back row: Erica Buckwalter, Ronald Delhaye, Michelle Garcia and Nathan Michalk.

Club

Band

Front row: Juan Martinez, Noreen Szparaga, Jasmine Ruesel, Ashley Gebhardt, Michelle Garcia, Taeha Esteph, Yu Chen Hou; row 2: Hermine Robinson, Karl Saalvaechter, Erica Buckwalter, Megan McCrokey, Mikandra Jones, Shavon Stokes, Richelle Poe, Brittney Robison, Andrew Saalvaechter, Keerie Doring, Kaylee Hutson, Tiffany Deaton, Ronald Delhaye; row 3: James Stover, James Freund, Steven Temple, Derek Stokes, Matthew Crum, Jonathan Hutson, Amanda Ramos, Kristal Whitten, Matthew Diaz, Brian Derty, Jason Lopez, Robert Garcia, Cory Davis, Joseph Schiltz, Jeremy Stover; back row: Nikolaas Villalpando, Anthony Patterson, Tyler Billingsley, Joshua Able, James Esteph, Garriell Dixon, William Jones, Brittney Podeneki, Andrea Klenner and Mr. Nick Boersma.

Dance

Front row: Ashley Nieves, Kristin Parduhr; row 2: Elisabeth Stojancevich, Katie Long, Jennifer Walsdorf; row 3: Coach Kristin Copeland; back row: Ariel Ochoa, Amanda Ruesel, Amanda Klenner, Erica Havens, Jennifer Ordway, Brittni Ester, Ashley Clark and Nicole Shearer.

Yearbook

Front row: Amanda Walsdorf, Cristel Cieneros, Ashley Able, John Herring, Brittni Ester, Trenton Halcomb, Jennifer Ordway and Michael Perkins.

Newspaper

Front row: Nicole Gohn, Ashley Richardson, Natalie Sovich, Cristel Cieneros; row 2: Amanda Klenner, Kristal Whitten, Ashley Clark, Gerica Brown, Elisabeth Stojancevich; back row: Jennifer Ordway and David Ross.



Pictures



Choir

Front row: Amber Leenor, Brittany Law, Hermine Robinson, Kriston Singer, Joeslea Cox, Della Ceja; row 2: Jill Wolfe, Vanessa Mendoza, Pradtza Putri, Tavia Duff, Renee Parker, Corrie Campfield, Candace Windsor; back row: Ashley Feller, Roelyn Mitchell, Julia Kowalewski, Selma Flores, Ashley Oliver, Sonya Stewart, Christina Gawel and Amber Podonski.



Student Council

Front row: Ashley Richardson, Angelina Aguilar, Tiffany Deaton, Natalie Sovich, Joseph Rodriguez and Amanda Walsdorf; row 2: Amanda Klenner, Cristel Cieneros, Jennifer Ordway, David Ross, Yo Chen Hou, Ashley Clark, Jennifer Perez and Britne Ester.



Office Assistants

Front row: Jennifer Ordway; row 2: Andrew Saalwachter, Trenton Halcomb, Erica Havens, Erica Buckwalter, Jennifer Perez, Gregory Stokes; back row: Ashley Klenner, Elysea Meentemeyer, Kriston Singer, Joeslea Cox, Sara Mendez, Katie Green, Chelesa DeMond and Nakita Green.



Web Design

Front Row: Shane Campbell, Pedro Rios, Manuel Maldonado, Jeffrey Obermeyer, Anthony Squires; row 2: Joseph Cardin, James Puelac, James Gasaway, Margaret Diaz, Andres Gonzalez, Megan McCrookey, Jason Lopez; back row: Robert Garcia, David Ross, Kayla Lopez, Jorge Castillo, Brandon Gray, Kristopher Mason and Stephen Harrison.





Bursting Into Tears



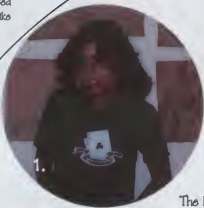


Homescoming week started on Monday, September 25th with "Senior Citizen Day", where young students dressed in an old-fashion way. Students brought wigs, glasses, and gray hairpray. On Monday night, students decorated the hallways. Many people showed up to create an astounding array of decorations. Tuesday continued the week with "Clique Day". Freshmen were college preps, sophomores posed as hippies, juniors were jocks, and seniors dressed like nerds. Wednesday was "Black and White Day" in which the students could either wear all black, all white or both. Students came to school on Thursday ready to save the world on "Super Hero Day". Finally, Friday ended the week with the traditional "Red and Gold Day". At the pep assembly, seniors were announced as the winners of spirit week. Despite the heavy rain at Friday night's football game, the Indians played hard. At half-time, senior Ashley Clark was announced as Homescoming Queen and senior Andrew Snaalwaachter was announced as Mr. Football. Sadly, at the end of the game, Covert Michigan Bulldogs won 28-20. Despite the upset, students quickly turned their frowns upside down at the homescoming dance.



1. Sophomore Sandra Burgos displays her artistic skills. The class drew caves as an introduction at the beginning of the year.

2. Junior Cory Hrnjak is excited about showing off his cave drawing. Other projects they made during the year were paintings that represented who they are and what they like to do.



Life skills students are bursting!

The life skills students are bursting out of their bubbles. They are not only filling in bubbles on each test and working hard on their homework but they are also learning the basic skills that they will need outside of the classroom. During the day, these students are hard at work with the various subjects that all the other students worked on. Everything from math, science, social studies and English, the life skills students work hard to achieve academic excellency in each area. They start out the morning with mathematics and science before lunchtime. Whereas most of the student body have reading period before fourth hour, the life skills students have reading time after lunch. Sometimes they like to hear their teacher read to them because it helps them better understand things. The life skills students also do many additional activities that prepare them for life after high school. The life skills students help with the fruit on Tuesdays and Thursdays. It is like a real job to them because they are helping out and they are actually paid for it. They will take many trips into real life situations, such as going to the local grocery store to shop while putting their math skills to use by budgeting their expenses through mental calculations and estimating the cost of the items they need to buy. Afterwards, the students will come back and use their purchases for snacks they make themselves.

Through their various activities in class, these students are definitely floating along to life after high school.



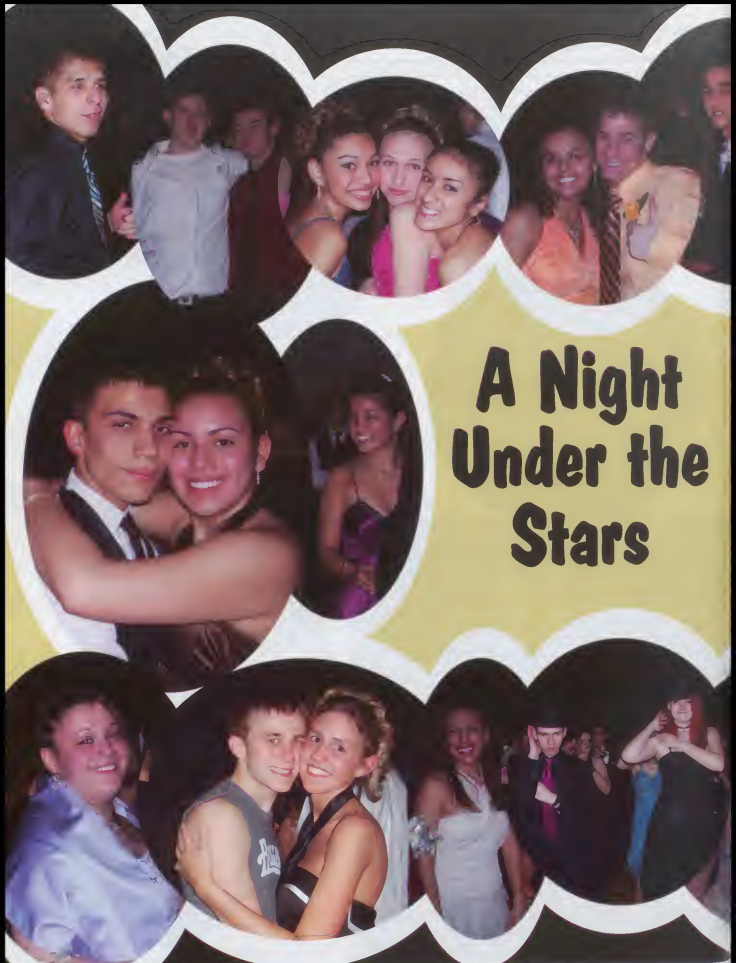
3. Senior Alejandra Chavez passes around the snacks she helped make. The students usually took breaks from their studies to learn culinary skills and to cook food.

4. Freshman Alexander Chavez shows his fellow classmates how to make telescopes. The life skills students tested them outside after they were completed.

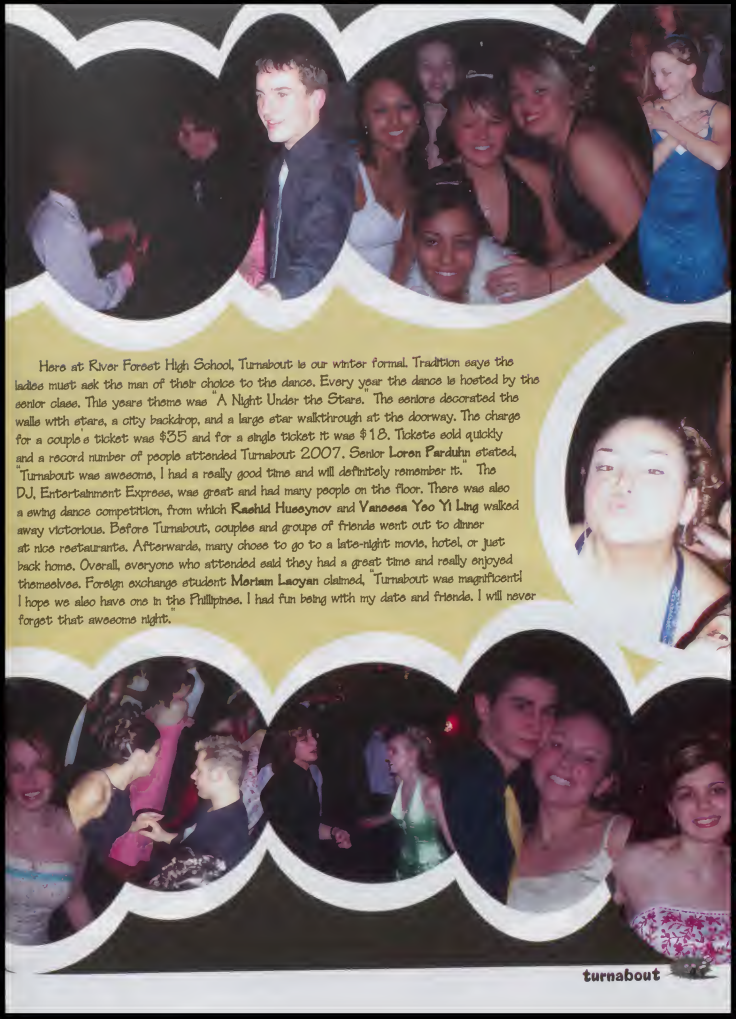


1. Freshman Tiffany Williams is making a telescope for her art project. Along with reading, they worked on a project everyday after lunch.
2. Junior Scott Rowland and senior Matthew Brant are helping with the fruit for the students. They helped with the fruit every Tuesday and Thursday.
3. Freshman Alexander Chavez is having fun interacting with his friends. Friendships and social interaction were just a few of the skills worked on by these students.
4. Senior Matthew Brant, sophomore Sandra Burgos and Junior Scott Rowland are sharing their snacks with each other. They used recipes for the various snacks that they kept for future use at home.
5. Senior Mary Miller and junior Cory Hrnjak make some celery and peanut butter for their afternoon snack. Healthy eating was a focus this year in the life skills class in order to follow the wellness policy of the entire school.

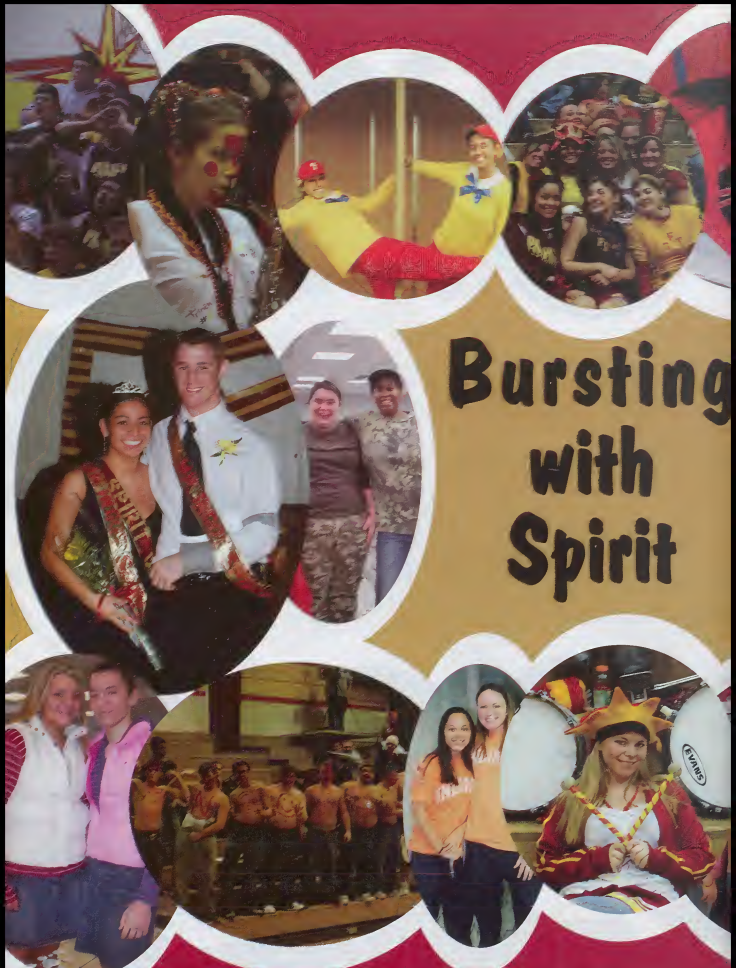




A Night Under the Stars



Here at River Forest High School, Turnabout is our winter formal. Tradition says the ladies must ask the man of their choice to the dance. Every year the dance is hosted by the senior class. This year's theme was "A Night Under the Stars." The seniors decorated the walls with stars, a city backdrop, and a large star walkthrough at the doorway. The charge for a couple's ticket was \$35 and for a single ticket it was \$18. Tickets sold quickly and a record number of people attended Turnabout 2007. Senior Loren Parduinn stated, "Turnabout was awesome, I had a really good time and will definitely remember it." The DJ, Entertainment Express, was great and had many people on the floor. There was also a swing dance competition, from which Raehid Hussynov and Vanessa Yoo Yi Ling walked away victorious. Before Turnabout, couples and groups of friends went out to dinner at nice restaurants. Afterwards, many chose to go to a late-night movie, hotel, or just back home. Overall, everyone who attended said they had a great time and really enjoyed themselves. Foreign exchange student Meriam Laoyan claimed, "Turnabout was magnificent! I hope we also have one in the Philippines. I had fun being with my date and friends. I will never forget that awesome night."



Bursting with Spirit

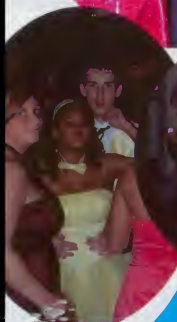


Students were bursting with the colors cardinal and gold on February 2, 2007. This year's winter homecoming was one to remember. The junior varsity boys basketball team was victorious against the Marquette Blazers. On the other hand, the varsity was easily defeated. The boys and girls varsity basketball teams chose a senior that best represented the epitome of a perfect player. At halftime, the honors of Mr. and Miss Basketball went to seniors Michael Perkins and Angel Trinidad. Also announced were the spirit court nominees and the 2007 Mr. and Miss Ingot Spirit. For the girls, nominees were: Cristal Cienereo, Ashley Clark, Erica Havens, Erica Buckwalter, Jennifer Ordway and Hermine Robinson. For the guys, nominees were: Jonathan Elee, John Herring, Trenton Halcomb, Kenneth Soria, Vernon Tucker and Michael Perkins. Mr. and Miss Ingot Spirit are two students who take pride in being an Ingot and contribute to the school and community. Recipients of Mr. and Miss Ingot Spirit were seniors Michael Perkins and Cristal Cienereo. Although there was not a dance after the game, many students went out for a night on the town and continued their homecoming spirit. The dress up days for the week were far from traditional. They included: Military Monday, Twin Tuesday, Plain T-shirt and Jeans Wednesday, Fake an Injury on Thursday and Cardinal and Gold day on Friday.





A Night in the Tropics





This year Prom was held at the enchanted land of Turkey Creek on April 27. Students received the opportunity to dress up and dance the night away with their dates. Junior Brandon Stack quoted, "I'm really excited to go to Prom. This is my first year ever going and I can't wait." Most of the seniors and juniors were looking hot with their dates and it was a great night for them to remember. After a half day of school, most students started getting ready for one of the most memorable nights of their high school years. Spending large quantities of money on flowers, suits, dresses and even limos, the students were ready to get down on the dance floor. Before Prom, every senior and junior walked in the Grand March with his or her date. When the clock struck 11 p.m., Prom was over for the last time for the seniors. After Prom, most students continued celebrating throughout the entire weekend by doing various activities like going to Chicago in big groups or even to baseball games.





3. Erica Buckwalter



Valedictorian
Hon Chen Yu



4. MaRita Ward



5. Nathan Michalik



6. Jennifer Perez

Top 10



7. Tianna Henderson



8. Timothy Bandy



9. Jonathan Elea



Salutatorian
Cristal Cisneros



10. Ashley Clark



First to graduate in her family, April Yanez, proudly accepts her diploma. I am the first! I'm so excited and can't wait, she stated.

Bursting out of the BUBBLE!



Jennifer Ordway and Gregory Stokes light a candle at graduation to represent all of the tragedies and lives lost in the past year.



Hermine Robinson, Joesiah Cox, Kristen Singer and Pradizza Fistei sing along with the band. This was their last choir performance.



Jennifer Perez is receiving the Nancy Finnick Scholarship. She will be using it to attend Indiana State University.

graduation



This year has finally come to an end. A high school career full of tragedies, drama, construction, and finale are now over. The Class of 2007 finally said, "See ya later," instead of good-bye, taking the advice from Ashley Clark. Graduation was held at the Jubilee Worship Center in under complete reconstruction. The night started off by coming down the stairs the beat of Pump and Mr. Andrew Wiel-congratulating the graduates. Leea Ruseel was then called speaker and her older cousin is being proud of Leea Ruseel stated. This awarded \$6,000 to



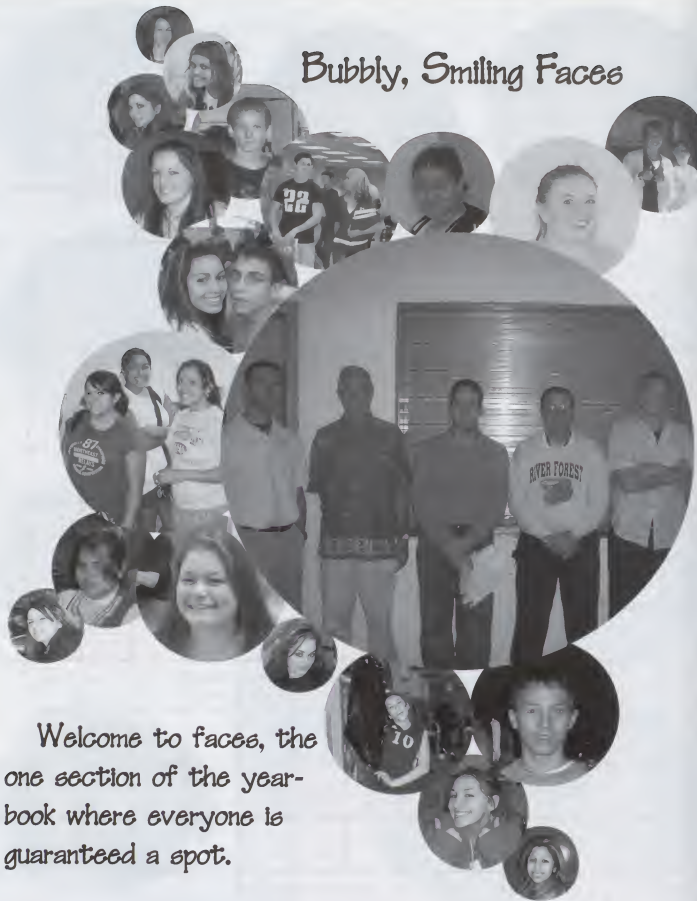
was a recipient of one of was also awarded with the Finnick Scholarship. During the play-Green Day, Amanda Ruseel took time out to create a slide show to play along with the song. The pictures started with our last class picture. Perez, and Ashley Clark talk about tragedies, Salutatorian, Cristel her version of the you were the one to class, you did were the one who to this point... call began by Mr. Though the class diplomas, they were in across that stage. student council preside the stage to change their River Forest. When the class over, the new alumni started the



achievement and to celebrate the end of their time at River Forest.

Hobart because the gymnasium was torn. The Class of 2007 is and graduate at their own school making a surprise entrance by along the outer walls to Circumstance. After that give open the night with more of 2007. Amanda up to introduce our guest speaker, Lisa Ruseel. "What you see in the mirror, year Dollars for Scholars 12 seniors. Jennifer Perez those \$500 awards, and she four-year renewable \$500 Nancy ing of our class song Good Riddance by with sixth grade camp and ended Jennifer Ordway, Jennifer gave a speech together to memories, and direction. Seniors, talked about ABC's. Y is for you... who woke up and went the homework, you worked hard to come Shortly after, row Jason Quigg. Al did not receive their still excited about walk. The class officers and dent were then called to tassels to become alumni of 2007 changed their tassels traditional slow clap celebrating their

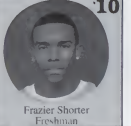
Bubbly, Smiling Faces

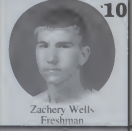
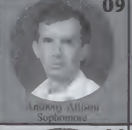
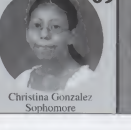


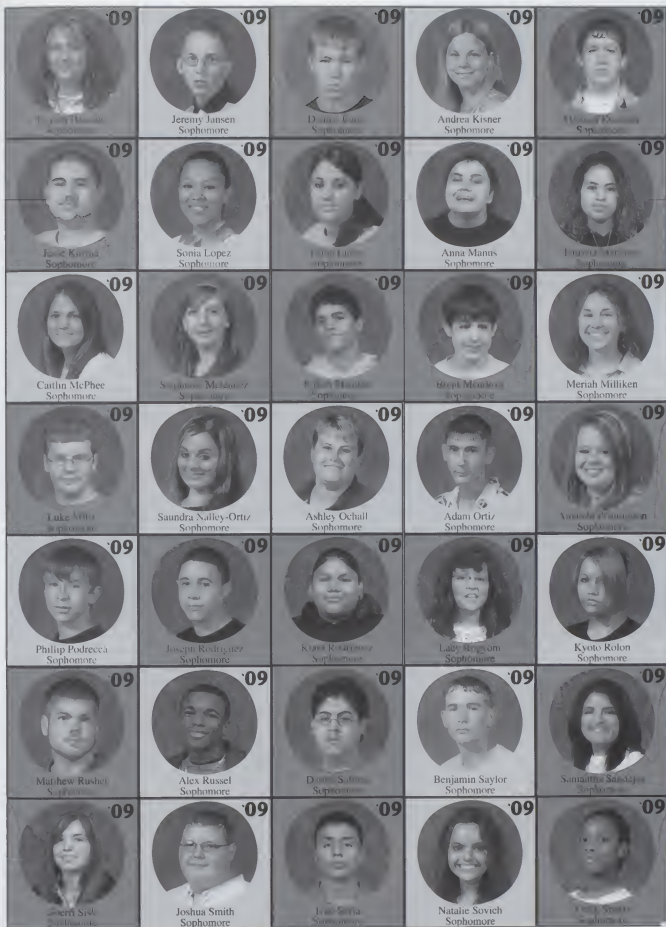
Welcome to faces, the one section of the year-book where everyone is guaranteed a spot.

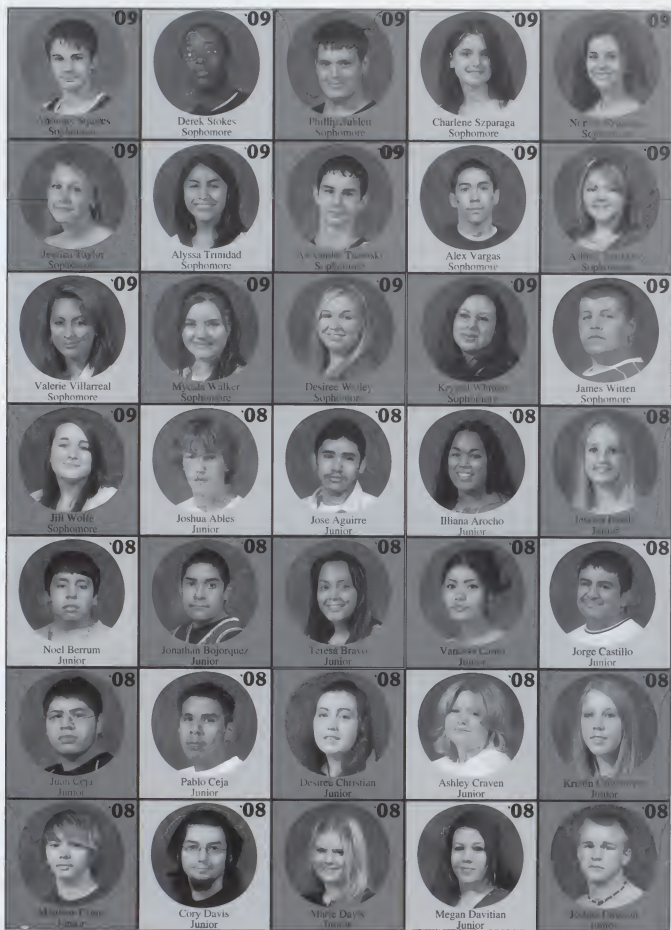
 Yohani Ayala Freshman	 Karina Aguirre Freshman	 Jovanna Amador Freshman	 Briana Barrera Freshman	 Jonathan Barrera Freshman
 Aimee Hernandez Freshman	 Jesus Calderon Freshman	 Mariela Maldonado Freshman	 Shane Campbell Freshman	 Donald Carrasquillo Freshman
 Matthew Cano Freshman	 Joseph Cardin Freshman	 Kristina Carrillo Freshman	 Alexandra Casillas Freshman	 Delia Ceja Freshman
 Crystal Choate Freshman	 Trebor Crofton Freshman	 Megan Crum Freshman	 Margaret Diaz Freshman	 Matthew Diaz Freshman
 Keene Doring Freshman	 Anthony Dora Freshman	 Tanya Hall Freshman	 Naima Embury Freshman	 Kathrine Esteph Freshman
 Emilio Flores Freshman	 Selma Flores Freshman	 Antonio Garcia Freshman	 Natalie Garza Freshman	 Jessica Gonzalez Freshman
 Christy Garza Freshman	 Amee Giro Freshman	 Aaron Giron Freshman	 Justin Goodman Freshman	 Brandon Gony Freshman

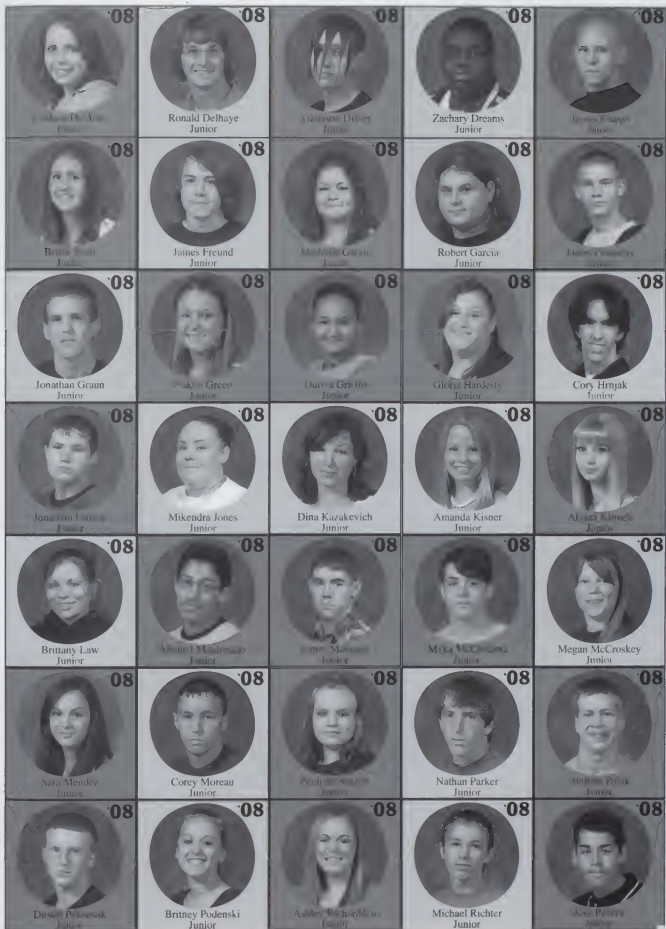
 Chase Thompson Freshman	 Jessica Halstead Freshman	 Amber Hamilton Freshman	 David Hamilton Freshman	 David Hart Freshman
 Jerica Harper Freshman	 Sarah Hartman Freshman	 Kristina Henry Freshman	 Nicole Henry Freshman	 David Hartman Freshman
 Dominic Hurley Freshman	 Mya Hurley Freshman	 Kaylee Hutson Freshman	 Long Hunter Freshman	 Amanda Jones Freshman
 Brittany Kewell Freshman	 Amanda Klimek Freshman	 Johnnie Latta Freshman	 Amber Lesner Freshman	 Kiana Latta Freshman
 Debra Ling Freshman	 Alexander Long Freshman	 Jeremy Long Freshman	 Katie Long Freshman	 Juan Martinez Freshman
 Kristopher Mason Freshman	 Joseph Meece Freshman	 Malia Mitchell Freshman	 Norma Miller Freshman	 Roslyn Mitchell Freshman
 Kristina Martin Freshman	 Brandon Neyhart Freshman	 Amber Nixson Freshman	 Alexandra Nikolaj Freshman	 Jettie O'Connell Freshman

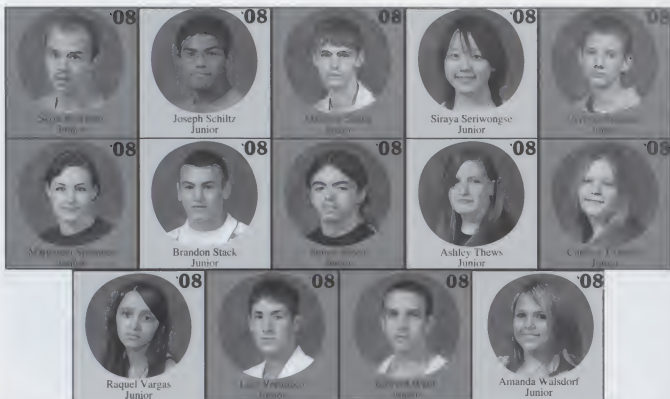
 Isabella Martinez Freshman	 Renee Parker Freshman	 Anthony Patterson Freshman	 Thomas Patterson Freshman	 Samantha Velka Freshman
 Isabella Pineda Freshman	 Chanel Perez Freshman	 Orlando Perez Freshman	 Ricardo Perez Freshman	 Zaira Pineda Freshman
 Amber Podenski Freshman	 Antonio Podenski Freshman	 Richard Pae Freshman	 Amanda Rabalais Freshman	 Katherine Randitsas Freshman
 Desirae Ramirez Freshman	 Pedro Rios Freshman	 Dreanna Robinson Freshman	 Zaira Rodriguez Freshman	 Michael Rogers Freshman
 Jerword Russell Freshman	 Jennifer Ross Freshman	 Wiley Soto Freshman	 Bonni Shady Freshman	 Frazier Shorter Freshman
 Anthony Smith Freshman	 Ryan Smith Freshman	 Leilany Soti Freshman	 Elisabeth Stojancevich Freshman	 Sharon Stokes Freshman
 Anthony Suarez Freshman	 Cassandra Sul Freshman	 Jennifer Taylor Freshman	 Javier Torres Freshman	 Arturo Vega Freshman

 Matthew Villalobos Freshman	 Nikolas Villalobos Freshman	 Lisa Villalobos Freshman	 Allison Walley Freshman	 Jennifer Williams Freshman
 Darnell Williams Freshman	 Zachery Wells Freshman	 Colleen Williams Freshman	 Candace Windsor Freshman	 Matt Zaitman Freshman
 Angelina Aguilar Sophomore	 Anthony Allison Sophomore	 Valerie Bortos Sophomore	 Lisa Bortos Sophomore	 Vanessa Bravo Sophomore
 Corica Brown Sophomore	 Melanie Bruce Sophomore	 Sandra Burgos Sophomore	 Devon Burton Sophomore	 Paige Campbell Sophomore
 Shawn Dailey Sophomore	 Tiffany Dawson Sophomore	 Brian Davis Sophomore	 Lisa DeLo Sophomore	 Valerie Dominguez Sophomore
 Joshua Earhart Sophomore	 Jane Esteph Sophomore	 Ashley Feltus Sophomore	 Mychal Ferrel Sophomore	 Brett Foster Sophomore
 Shannon Hud Sophomore	 Ashley Gebhardt Sophomore	 Amanda Hoot Sophomore	 Christina Gonzalez Sophomore	 Katie Olson Sophomore



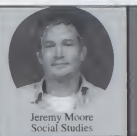






Bursting with Knowledge



 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts
 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts
 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts
 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts	 Sandra Mihalik Language Arts

Bubbly Administration

 Dr. James Rice Superintendent	 Mr. Andrew Widgus Principal	 Ms. Christine Papp Assistant Principal
---	--	---

In Memory



Mrs. Nancy Pinnick

Born:

February 2, 1947

Died:

April 26, 2007



James Puskac

Born:

September 13, 1988

Died:

May 15, 2007



Mrs. Peggy Hunt

Born:

November 29, 1934

Died:

May 19, 2007

Rounding the year with wins



The River Forest Ingots burst into the 2006-2007 sports season with ambition. Students from every grade participated in sports all year round. Student athletes strived for good grades as well as success in athletics. Athletes got ready to play their hearts out before every game or match, knowing that their fans were behind them win or lose. Sports are a great way for students to learn about teamwork and responsibility. No matter what the sport, the Ingots are guaranteed to go, fight and win.

By: Cristal Cisneros

sports divider





1.



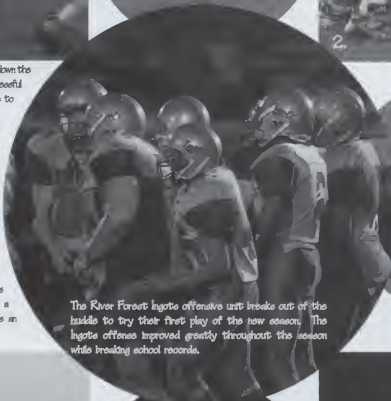
2.

1. Freshman Jack Zembrini takes down the ball carrier. Jack had a very successful defensive year but was later unable to play due to an injury.

2. The River Forest Ingots' defensive line waits for the snap. The defensive line stopped the Eagles in the backfield to get the ball back.

3. Senior Michael Perkins throws a pass down field to his receiver for a touchdown. Michael played quarterback and holds the record for the most touchdowns in one game with eight.

4. Senior Vernon Tucker celebrates a defensive stop. Vernon was a dominant defensive player and was an outstanding tackler.



The River Forest Ingots' offensive unit broke out of the huddle to try their first play of the new season. The Ingots' offense improved greatly throughout the season while breaking school records.



3.



4.



Bursting into the end zone



Varsity Row 1: Andrew Saalwaechter, Ulises Ayala, Reinaldo Arocho, Nicholas Sovich, Vernon Tucker, Michael Perkins, Matthew Haag, Gregory Stokes; Row 2: Dennis Jones, Derek Stokes, Nathan Parker, Joshua Dawson, Corey Morous, Michael Richter, Farzadho Amirovi; Row 3: James Whitten, Joshua Smith, Jack Ziemlinski, Joseph Rodriguez, Richard Perez, Ruben Mendez, Mario Castellon; Row 4: Benjamin Saylor, Frazer Shorter, Anthony Polka, Philip Sublett, Edward Wahl; Row 5: Coach Matthew Blivins, Head Coach Dave Blivins, Coach Ivan Torrez, Coach John Thomas, and Coach Jeremy Moore



Senior Gregory Stokes stands for the playing of the national anthem before the Lake Station game. Greg played wide receiver for the Ingots and was an exciting player to watch with his amazing speed and agility.

The River Forest Football Team burst into a new season. Although their record wasn't as good as they had hoped, there were still a lot of good things that happened. The team captains included seniors Michael Perkins, Tony Arocho, Nicholas Sovich, and Vernon Tucker. Senior quarterback Michael Perkins holds the record for most touchdowns in a game with eight, as well as most passing yards in one game with 538. Michael said, "Even though it was a tough season, I had fun being with this group of guys." On homecoming, senior Andrew Saalwaechter was awarded Mr. Football for the 2006 season. Andrew was an offensive lineman and played very hard each game. This year the Most Valuable Player Award went to senior Michael Perkins. Most Improved went to senior Gregory Stokes, and the Mental Attitude Award went to Ulises Ayala. These players went into every game with confidence and leadership. They gave everything they had each game and left it all out on the field. The Ingots worked hard all season and hope to improve for next year. Mr. Dave Blivins is determined to have players work harder, get stronger and become faster.



1. Senior Ashley Clark spikes the ball over the net hoping to get an ace. Ashley contributed to the team throughout the season.

2. The team stands proudly in a circle while the national anthem played.

3. Senior Jennifer Perez waits for the ball to come down so she can return it over the net. Jennifer was the teams libero and a three year letter winner.

4. Junior Illiana Arocho serves the ball against cross town rival Lake Station. The team beat Lake Station in three sets.



Sophomores Mydalis Walker, Teresa Bravo and freshman Brittany Kennedy worked together as a team preventing the ball from coming over the net. Later on that night the Junior Varsity came out victorious.





Senior Spotlight



Bumping, Setting and Spiking



Varsity row 1: Ashley Clark, Jennifer Perez, Amanda Russell
2: Torosa Bravo, Illiana Arocha, Amanda Kemer, Vanessa Bravo,
Nicole Gotz row 3: Jennifer Ordway, Samantha Sandojas,
Coach Bob Wojnarowski, Natalie Sorich and Erica Havens.



J.V. row 1: Melissa Menchaca, Amanda Walsdorf, Ashley Nieves,
Brittany Kennedy; row 2 : Torosa Bravo, Vanessa Bravo,
Gerica Brown, Amanda Pennington, Debra Walley and Coach
Amy Wojnarowski



Freshmen row 1: Cassandra Sul, Dalia Ceja, Kaelyn Mitchell, Latory
Goto, Natalie Garza, Katie Long, Jennifer Walsdorf; row 2 : Allison
Walley, Alexandra Nicolay, Selma Flores, Katherine Esteph, Kaylee
Hutson, Miranda Callesos and Coach Courtney Gullis.

This year's volleyball team had its ups and downs. Although the season was not as the team expected it to be, the girls believed that it was the most fun season ever. The season started out slow but the team picked it up towards the end. The girls did not finish the way they wanted. In sectionals, the team lost in the second round to the Hebron Hawks. This season had been the best and also the worst at the same time. We did not have to find much team unity because we have been friends on and off the court. Even though we lost in sectionals against Hebron, we played hard, and I am very happy with the way things ended," stated senior Jennifer Ordway. The girls were very dedicated and wanted to do their best to improve throughout the year. Senior Ashley Clark stated, "I am very happy with the way the season went. We played well and learned so much throughout the season. We had a great coach that truly cared about us. Even though our record was not as good as in years past, I think we played more as a team and had fun doing it. This was a season that I will never forget. It was fun. Next year the seniors will truly be missed, but the near future hopes to bring success and a winning season to River Forest.



1. Senior Salvador Guel slices the ball back to his opponent. Sal was the second player in school history to win a regional match.

2. The senior boys, Treston Halcomb, Jonathan Elise, Salvador Guel and Kenneth Garcia take a quick picture before the sectional championship. The team won the sectional championship later that day.

3. Senior Kenneth Garcia jumps into the air to return the ball. Kenneth was this year's Most Valuable Player.

4. Freshman Shane Campbell attempts to return the ball over his opponent's head to win the tie breaker. This is Shane's first year playing varsity tennis.



Senior Jonathan Elise hits the ball hoping to get an ace. Jonathan played number one doubles for the Devils team.





Serving a sectional championship



Variety row 1: Juan Ceja, Jonathan Elos, Trenton Halcomb, Shano Campbell, Ryan Smith, row 2: Scott Guel, Brandon Stack, Kenneth Soria, Salvador Guel, John Huteon and Coach Rodney Thompson.



Junior Brandon Stack returns the ball back to his opponent. This was Brandon's third year playing number two singles at River Forest. Brandon will be back next year to try to capture another sectional title.

The Ingot boys' tennis team had a remarkable season this year and ended it winning their fourth consecutive sectional title. The team was strong from the start. They were extremely devoted and had a great time. This was a great group of kids. We laughed so much on our bus rides to the away games. It was a really fun season, stated Coach Rodney Thompson. The season started out strong but toward the end the schedule became extremely difficult. Senior Kenneth Soria and junior Brandon Stack were awarded Most Valuable Players. Junior Brandon Stack was also the recipient of the Mental Attitude award and the Most Improved Player went to freshman Ryan Smith. "Being with this group of guys was awesome and I will never forget all the bus rides," stated senior Trenton Halcomb. They won the title by beating Lake Station in the first round and Gary Lew Wallace for the championship to advance to regionals. Next year, the team will be being four seniors, but six will be returning. The returning players are already excited for next year. Next year's goal is to advance further than regionals. Coach Rodney Thompson is looking forward to next year to have the chance to capture the championship for the fifth straight year in a row.





1.



2.

1. Coach Rusty Copeland and Mrs. Kristin Copeland, the time keeper, walk toward the starting line to cheer on the runners. This was Mr. Copeland's second year coaching at River Forest.

2. The 2006 team and coach Rusty Copeland pose for a picture on the bus after seasonals. The team showed off the places they earned after running their hearts out at seasonals.

3. The boys team gathers together awaiting the start of their race. The boys ran in 13 races this season.

4. Junior Lulu Verdazoo keeps a steady pace as he runs in the sectional meet. Lulu had an outstanding season winning many first place ribbons.



Junior Lulu Verdazoo gives senior Cristel Cisneros a pep talk before her race. Lulu has been a valuable member to the team all through his high school career.



3.



4.



Running in circles



Varsity row 1: Channing Farrott, Jose Rivera, Coach Rusty Copeland, Cristel Cieneros, Timothy Bandy, Luis Verdizoo

This year's team started off early in June to get the runners into shape. As the summer went on, the number of runners began to get smaller. By the end of the season the team was down to only four boys and one girl. Even though there wasn't enough runners to make a complete team, they still tried their hardest in every race. "The strengths for the team this year were their attitudes and dedication," stated coach Rusty Copeland. "Our biggest weakness was the lack of runners available to make a full team," he added. To help gain runners next year, the coach hopes to have off season athletes join to keep them in shape, as well as to help make a full team. At the sports banquet, junior Luis Verdizoo was awarded Most Valuable Player for his hard work and being the only runner to place in conference. Senior Timothy Bandy was awarded Most Improved. Every race he improved his time by at least 30 seconds or more and never had a disappointing race. Senior Cristel Cieneros won the Mental Attitude award for her positive attitude and dedication to the team despite being the only female runner. Losing seniors Timothy Bandy and Cristel Cieneros, the coach hopes to have more runners and win in the new conference next year.



Senior Cristel Cieneros prevents the rain from hitting her while stretching before running. Cristel was a very dedicated runner all four years of high school and the only female runner for the 2006 season. Cristel was happy that she finished her last race taking third (to last) at the Valparaiso sectionals.





1. Sophomore Julia Kowalski stands atop a pyramid. Julia was one of the many floors the Ingots had.

2. The cheerleaders stand in formation during the national anthem. They learned a number of routines for different events.

3. Senior Kristen Singer and freshman Donita Sharp stand high on the shoulders of their fellow teammates. Teamwork was important in making sure that cheerleaders were not injured.

4. A line of cheerleaders pump up the crowd at the winter pep assembly. They helped each class about a battle cry to win spirit points.





Give me a B! a U! a B! a B! an L! an E! an S! What does that spell?.....



Varsity row 1: Dorena Robinson, Ashley Vardizzo, Ashley Gebhardt, Jeremiah Ruedi, Ashley Sabbers, Julie Kowalski, James Whitten, Amanda Ramoa, Valeria Villarreal, Ashley Berrios, Tavis Duff, Renee Parker, Peyton Hanson; row 2: Ashley Craven, Melissa Bigott, Dina Kazemich, Bonita Sharp, Angelina Aguilar, Kristien Singer, Haminah Robinson, Erica Buckwalter, Moagan Crum, Tina Villarreal, Marlene Layman and Steays Bertwonges

During the most intense moments of every basketball and football game this past year, the River Forest Cheerleaders were there to cheer on the teams. Not only were they at the awesome games, but they also cheered during parades and participated in competitions. Cheerleading is a year-round activity that is practiced twice a week. Head Coach Chris Gaffner has certainly turned the program around, having nearly 30 cheerleaders on the squad this year. This completed a full varsity and junior varsity team. Cheerleaders helped keep the team and fans motivated during wins and losses. The cheerleaders went to competition in March at Portage High School. They received third place. This year, for the first time, the cheerleaders took tumbling classes at Lisa's Gymnastics to help them perform more advanced stunts. The cheerleaders brought inspiration to the team and helped them play harder. The cheerleaders deserve credit for all of the effort they put into supporting the Hawks. It's not easy to learn different routines and cheers. They worked hard this past season and deserve credit for their own accomplishments.



Senior Kristien Singer proudly performs a stunt in front of the school. This was Kristien's second year as a varsity cheerleader.





1.

1. Senior Jonathan Elia dodges his opponents in an attempt to score. Jon was the starting point guard on the team.



2.

2. Members of the variety basketball team huddle on the floor. The team did this before every home game to pump up their teammates and fans.

3. Junior Brandon Stuck attempts to pass the ball to his teammate. Brandon led the variety team in 3-point baskets.



4. Senior Kenneth Soria takes a jump shot to put the Ingots in the lead. This was Kenny's first year on variety.

Junior Nathan Parker tries to get possession of the jump ball. Nathan will be a returning variety player next season.



4.



Bubbling with Emotions

Starting the season out on a rough path, the Ingots struggled to get a win. Despite losing, the boys tried to keep their spirit together and play hard. In the middle of the season, the team lost one of their best defensive players due to a car accident. "It's frustrating not being able to play my last homecoming game or in the last home game at school," stated senior Michael Perkins. When the team found out he couldn't play, they knew they had to fill an important gap. Michael was given the honor of being named this year's Mr. Basketball. The Most Valuable Player Award was given to junior Brandon Stack. Senior Kenneth Soria and sophomore Phillip Podrecca received the Most Improved Award. Junior Joshua Dawson was awarded with the Cynthia Sawyer Mental Attitude Award. After playing the seniors last game at sectionals, senior Salvador Guel stated, "I am really going to miss playing basketball, not to mention the guys that I play with. Although I could not play the entire season, this is one year that I will never forget." Next year, the basketball team will have to work extremely hard to make up for the seniors they lost this year.



Varsity row 1: Ryan Smith, Andrew Pask, Coach Pete Jimenez and Coach Jason Gullig, Coach Joe Burleson, Jeremy Jansen, Trenton Halcomb; row 2: Joshua Dawson, Brandon Stack, Phillip Podrecca, Salvador Guel, Nathan Parker, Kenneth Soria, Michael Perkins and Jonathan Elsa.



J.V. row 1: Dexter Washington, Andrew Pask, Coach Pete Jimenez, Coach Jason Gullig, Coach Joe Burleson, Jeremy Jansen, Arturo Vago; row 2: Shane Campbell, Jack Zambrana, Richard Perez, Brandon Neyhart, Justin Flacus, Terrance Mioter and Joseph Rodriguez.



1.

1. Sophomore Alysea Trinidad dribbles down the court past the defense. Alysea played point guard for the Lady Ingots.



2.

2. The variety team huddles together during a time-out. The ladies ended their season with a record of 8-14.

3. Junior Nakita Green gets ready to receive the ball down low. Nikke will be the only upperclassman to return to variety next year.

4. Sophomore Falon Lucas tightly guards her opponent. Falon was a key offensive player making 52.4% of her free-throws.



Members of the J.V. team anxiously await for the variety team to run out. The variety team ran through the paper arch hoping to intimidate the opposing team.



3.



4.



Senior Spotlight



Ariel Trinidad

Blowing them away

This year the girls basketball team started off with an undefeated record of 4-0 at home, including a blowout against cross-town rival the Edison Eagles. Their perfect season at home came to an end when the Lady Ingots matched up against the South Central Satellittes. Although they lost, the team still played to the best of their abilities. The varsity girls have definitely demonstrated team unity this year by doing things not only while in school, but also outside of school. They had team dinners, sleep-overs, and ate lunch together. This unity is in part what contributed to their successful season. Junior **Nakita Green** claimed, "The team getting closer has helped us win games." Sophomore **Mycala Walker** stated, "J.V. would be more successful if they played as a team, making it obvious that team unity is an important aspect of basketball. This year's Most Valuable Player was awarded to sophomore **Natalie Sovich**. Natalie led the team in rebounds, shooting and free-throws. The Most Improved Award was given to sophomore **Falon Lucas**. Sophomore **Nicole Gots** was announced the recipient of the Mental Attitude Award because of her outstanding encouragement to her teammates. The girls hoped to keep their winning record going and plan to keep improving. The girls will be losing a few seniors, but they hope to step up for the next season.



Varsity row 1: Amanda Russell, Ariel Ochoa, Nicole Gots, Cristal Cisneros, Vanessa Bravo and Alyssa Trinidad; row 2: Nakita Green, Natalie Sovich, Amanda Farrington, Falon Lucas, Mycala Walker, Angel Trinidad and Sherri Sleik.



J.V. row 1: Ashley Nieves, Della Ceja, Sharon Stokes, Vanessa Bravo and Melissa Monchaca; row 2: Ariel Ochoa, Tiffany Denton, Mycala Walker, Sonia Lopez, Amanda Farrington, Margaret Diaz and Cassandra Sul.



1. Coach Joe Nuzzo poses with some of his wrestlers at sectionals. Coach Nuzzo had a huge impact on the team this year.

2. The team shows off their muscles at sectionals. The team was very pleased with how well the season went.

3. Sophomore Derek Stokes perfects his technique at practice. Leading the team in wins, this was Derek's second year in wrestling.

4. Sophomore Joshua Smith eagerly waits for his match to start. Josh was this year's heavyweight wrestler.



2.



Junior Pablo Ceja gets in position to set up for a pin. Pablo advanced to regionals for the first time in his career.



4.

3.



Sports Spotlight



Pablo Ceja

Popping a Nine Year Deficit



Varsity row 1: James Gasaway, Jens Esteph, Mario Castillo, Derek Stokes, Ruben Mendez, Pablo Ceja and Michael Richter; row 2: Coach Tim Gault, Luis Verdazco, Benjamin Saylor, Daniel Salinas, Joe Mosco, Anthony Pelka, James Esteph, Joshua Smith, Coach Joe Nuzzo and Coach John Thomas.

This year the wrestling program welcomed new coach Joe Nuzzo. Coach Nuzzo attended River Forest his freshman and sophomore year and wrestled both years. He has returned to River Forest because of his love for wrestling and coaching. Coach Joe Nuzzo turned the wrestling program around by almost getting enough students to fill up a team. The Ingots picked up their first victory against Gary Wirt, winning 39-27. This was the first team win in nine years. The team went to sectionals, having two wrestlers advance to regionals. Juniors **Pablo Ceja** and **James Gasaway** were the first wrestlers to advance in 4 years. This was one major achievement that the wrestlers accredited to Coach Nuzzo. "I am very pleased to see how well our team has stuck together even if we haven't had many wins. Everyone kept going strong and didn't let up," stated Pablo. He has had a tremendous year in wrestling and hopes to improve even more for his senior year. Sophomore **Derek Stokes** said, "We've worked hard all season and we'll keep wrestling until we can't wrestle anymore. I love wrestling and I'll keep wrestling throughout my high school career." This year's team was very dedicated and worked hard all season. The coaches hope to have everyone return for next year and are looking forward to seeing the guys improve. The Most Valuable Award was given to Pablo Ceja, while the Most Improved Award was given to James Gasaway.



Junior **James Gasaway** walks back to the team after his sectional victory. James advanced to regionals and fought a tough fight but fell short of the victory. He is still proud to say that he advanced out of sectionals.



1. Freshman Johnnie Letta follows through after releasing his bowling ball during practice. Johnnie received tips on how to bowl strikes from Coach Jim Dailey.

2. Sophomore William Jones flings his ball down the alley. Will picked up a spare on his first try.

3. Junior Garrison Dixon tries to straighten himself after tossing his bowling ball down the lane. This was Garrison's third year on the bowling team.

4. Senior Timothy Bandy poses as his ball goes down the alley. Tim bowled a strike.



Junior Ashley Richardson watches her ball roll down the lane. Ashley picked up a spare on her next throw.





Let's get the ball rolling



Boys Varsity row 1: William Jones, Timothy Bandy, Jose Rivera, Jason Lopez; row 2: Shawn Dalley, Jonathan Huteon, Garleon Dixon, David Ross and Johnnie Lettice.



Girls varetty row 1: Ashley Richardson, Ashley Clark, Jessica Bandy; row 2: Ashley Thows, Kaylee Huteon, Jennifer Ordway and Brittney Podonick.

The boys bowling team had a notable season, even though there were only nine members on the team. Both the boys and girls team practiced Mondays after school. At sectionals, sophomore **Shawn Dalley** bowled 233, the high score for the team. Other high scores came from seniors **Timothy Bandy** with a 223, and **David Ross** with a 205. Despite their high scores, the team placed third in sectionals and did not advance to regionals. The girls team had a successful season with the seven members on this years team. Freshman **Kaylee Huteon** stated, "My first year on the bowling team was a blast. We had some ups and downs, but we always seemed to get through the downs. It's nice to feel a part of something your freshman year. I look forward to more years to come." At sectionals, junior **Jessica Bandy** bowled 189, which was the high for the team. More high scores came from senior **Ashley Clark** with 166 and from junior **Ashley Richardson** with 159. The team placed second and was able to advance to regionals as a team. For the individuals, only senior **Ashley Clark** made it to regionals by bowling a 176, a 159, and a 169.



1.



2.

1. Junior Joshua Ables dives into the dirt after his personal best length of 12ft. 1in. This was Josh's third year in track.

2. Senior Nathan Michalski pole vaults in the NAC track meet. Nathan placed second with a jump of 10ft. 3in.

3. Freshman David Hamilton looks forward hoping he will finish first. David ran the 110-meter hurdles.

4. Junior Pablo Coja, freshmen Arturo Vega and JW Yanez finish first, second and third respectively in the 800-meter run. The boys track team won the meet against Helton.



Seniors Wilmer Tutor and Gregory Stokes exchange the baton in the 4x100-meter relay team. These two worked hard during practice in order to have a perfect exchange.



3.



4.



Senior Spotlight



Vernon Tucker

Circling around the track



Variety row 1: Dexter Washington, Timothy Brandy, Luis Verdusco, James Gaseaway, Arturo Vega, JW Yanez; row 2: Gregory Stokes, David Hamilton, Derek Stokes, Anthony Polka, Joehus Ables, Nathan Michalik, Vernon Tucker, Pablo Ceja; row 3: Coach Jack Burton, Andrew Samuwaschter, Matthew Haag, Salvador Guai, Joseph Mosco, Ricardo Perez, Juan Ceja and Coach Jim Weitzel



Senior Matthew Haag hurls the shot put against arch rival Lake Station. With his dedication and strength, he was able to place second.

Four straight NAC championships were not enough for the boys track team. The coaching staff was excited for the start of the season. "We have a lot of new faces this year. It's going to be an interesting season," stated Coach Jim Weitzel. The seniors on the team were also excited for the track season. Senior hurdler Vernon Tucker stated, "I was pumped going into my senior year of track. This year, we have the chance to win five years in a row as well as our last NAC ever and we succeeded in doing just that. At the rate I'm going, I believe I will have a chance at regionals if not state." The team ran through the hallways in the school in order to get into shape before the season. The seniors took charge to make sure they would bring home another NAC championship by making sure that members of the team were conditioning every day after school. The boys ran hard and prevailed, winning their fifth consecutive title, the first time in the school's history. This year's Most Valuable Players were Vernon Tucker and Gregory Stokes. Along with the MVPs, David Hamilton was awarded Most Improved Player. Pablo Ceja was awarded Mental Attitude. The team will truly miss each and every one of the seniors.





1. Freshman Ashley Nievas competes in the 4x800 relay. She was also a long distance runner.

2. Junior Michelle Garota and sophomore Tiffany Deaton take a break from the heat at a meet. Michelle and Tiffany were often seen cheering the runners on from the side of track.

3. Freshman Karina Aguirre warms up before throwing the shot put. Karina was also a runner for the team.

4. Sophomore Peyton Hanson puts socks on her feet to keep her little toes warm. Peyton was a key player this season.



Senior captain Kaseem Florin lands after clearing the pole vault. Kaseem was also a sprinter this season.





Senior Spotlight



Cristel Cieneros

Bursting the Records!



Variety row 1: Karina Aguirre, Cristel Cieneros, Ashley Novos; row 2: Kristina Carrillo, Della Coja, Raeanne Florek, Jessica Gansway, Ashley Craven, Peyton Hanson, April Yanez; row 3: Michelle Garcia, Valerie Villarreal, Sara Mendez, Habiba Abd-El-Mosty, Shanon Stokes, Tina Villarreal; row 4: Coach Pamela Engle, Sonya Stewart, Ashley Thews, Deatree Christian, Kaylee Hutson, Kathrine Esteph, Tiffany Deaton and Coach Wendy Fiehel.



Senior captain April Yanez runs with baton in hand during the 4x800 relay. She also ran the 800-meter race for the Lady Hgotes this season.

Ever heard of strength in numbers? The River Forest girls track team was feeling the power this year. With 31 girls, the team hasn't seen such large numbers in a very long time. The team captains this year were Cristel Cieneros, Raeanne Florek and April Yanez. Coach Pamela Engle stated, "They work hard at practice and have great school spirit." Coaches Pamela Engle and Wendy Fiehel expected the girls to beat their personal best in their events at every match. Our senior spotlight this season is Cristel Cieneros. Cristel had a fantastic season, achieving first place in all of her events against Edison and placing first in five events at the NAC Conference. She broke the school and NAC records in pole vault by 15 inches with a height of 7'9". Cristel was the only runner to place in sectionals, and was honored with Most Valuable Player. The team's strength this year was that since there were so many girls, they all encouraged each other and there was a great amount of leadership on the team. Key players this year were Cristel Cieneros, Peyton Hanson, Ashley Craven and Michelle Garcia. Peyton ran in each and every event she was needed, and Michelle and Ashley were very important for shot put and discus. Most Improved Player this season was Michelle Garcia and the Mental Attitude Award was given to senior captain April Yanez.





1.

1. Waiting for the pitch, sophomore Nicole Goti keeps focused on her batting stance. Nicole was unable to complete the season due to an injury.

2. Before the start of the game, coaches and players huddle together to discuss strategies for the game. The team ended with a record of 6-20.

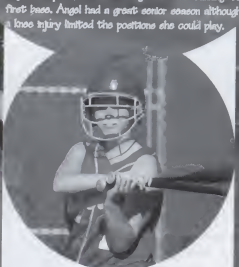
3. Sophomore Alyssa Trinidad throws the ball to the pitcher after getting the third out.

It was nice playing with my sister next year, stated Alyssa.

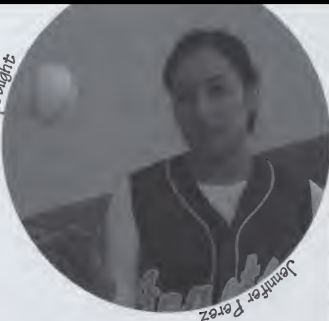
4. Sophomore Natalie Sovich concentrates on her target before throwing a strike. This was Natalie's first year as a pitcher.



Sophomore Angel Trinidad gets help up from coach Rodney Thompson, after hurting her knee running to first base. Angel had a great senior season although a knee injury limited the positions she could play.



4.



Jennifer Perez

Circling around new bases



Varety row 1: Jennifer Perez, Debra Ling, Brittany Kennedy, Alycen Trinidad, Vaneeen Bravo and Mycala Walker; row 2: Coach Rodney Thompson, Ariel Ochoa, Deesree Walley, Natalie Govich, Angel Trinidad, Amanda Kiener, Coach Joe Burleson and Coach Jim Dalley.

When the new season started, the girls softball team was anxious to play on their new field. This year the softball team and the baseball team both received new fields. Despite having the dug-outs far from the bases, the girls enjoyed cheering their team on from afar. The team was off to a rough start at the beginning of the season, being their season opener to the South Central Satellites. Having fewer team members than usual and many underclassmen, the team struggled to find nine solid players to start on the field. The ladies also had to cancel five games early in the season due to the crazy weather in Northwest Indiana. In the middle of the season, the team started to see some success. After beating their arch rivals 7-5, the softball team started to get some momentum going. The two seniors, Jennifer Perez and Angel Trinidad, were sad to see their last season come to an end. "Our defenses did really great this season and I noticed that our batting improved a lot because at practices we hit more. I will definitely miss the practices this season because they were so fun and I will miss a lot of the underclassmen," stated Angel. After the conclusion of the season, the spring awards banquet took place where Debra Ling was awarded with the Most Valuable Player Award. Amanda Pennington received the Most Improved Award and Angel Trinidad won the Cynthia Sawyer Mental Attitude Award.



Waiting for a ball, sophomore Vaneeen Bravo warms up before the start of the game. This was Vaneeen's first year on varety.

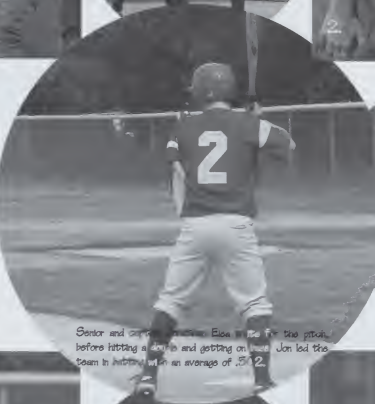


1. Junior Jason Lopez walks away from the field after winning 11-5. Jason stated, 'I love the feeling of winning! I hope we can continue this streak.'

2. Coach Dave Blavine talks to the infielders before the game. This was Coach Blavine first year coaching baseball.

3. Senior Tony Arocho runs after the ball, hoping to throw the player out at first base. Tony has been on varsity for 4 years.

4. Wanting to steal second base, junior Michael Richter waits for the right opportunity to run. This was his first year on varsity as the third baseman.



Senior and captain, Michael Richter, waits for the pitch, before hitting a double and getting on base. Jon led the team in hitting with an average of .512.





Senior Spotlight



Michael Perkins

Breaking the bat

Starting the 2007 season, the baseball team saw some major changes. With new head coach **Dave Blevins** and assistant coaches **Mr. John Thomas** and **Mr. Rick Hanson**, the team was excited to play on their brand new field. This year the Ingots played at the 5th annual Railcote Challenge at the U.S. Steel Yard on April 21. After beating the Lake Station Eagles to a score of 5-2, the team went out to celebrate at **Steak and Shake**. Returning MVP and senior captain **Michael Perkins** stated, "It feels great to beat the Eagles at the steel yard. I am so proud of how well our team played. I will definitely miss playing on that field next year." The success did not stop there; the very next game the Ingots defeated the Westville Blackhawks by a score of 12-4. Senior center fielder and captain **Jonathan Elos** stated, "After a rough start, the team is starting to come around with our bats and our fielding. We are on a two game winning streak with many more to come." The winning continued as the Ingots were able to defeat two other teams, giving them a four game winning streak. At seasonals, the baseball team played an impressive game beating the Washington Township Senators. After the season ended, junior **Michael Richter** was awarded the Most Improved Player and junior **Jason Lopez** received the Cynthia Sawyer Mental Attitude Award. But the honor of receiving the Most Valuable Player Award went to senior **Michael Perkins**. The team ended the season with a record of 6-16. With the loss of many key seniors, Coach Blevins still expects to have a positive season next year.



Variety row 1: Channing Parrot, Ryan Smith, Joseph Rodriguez, Jack Zambrana, Dexter Washington, Dale Long and Mario Castillo; row 2: Jason Lopez, Manuel Maldonado, Tony Arocho, Shane Campbell, Michael Richter, Joshua Smith and Steven Fendleton; row 3: Coach John Thomas, Jonathan Elos, Michael Perkins, Nathan Parker, Donnie Jones, Michael Koehnelt, Phillip Sublett and Coach Dave Blevins.



Throwing the ball to the first baseman, junior **Nathan Parker** helps throw the batter out. Nathan later hit a homerun helping the team defeat the Lake Station Eagles.





1.



2.

1. Senior Trenton Halcomb thinks to himself, "HOLE IN ONE!" Trent will be receiving a four-year letter this year.

2. The golfers gather after winning a match against Roosevelt. The boys won with a score of 185-208.

3. Senior Timothy Bandy tees off at the beginning of a match. Tim's lowest score this year was a 43.

4. Sophomore Shawn Dalley hits the ball off of a tee held in senior Ulises Ayala's mouth. The golf team had a lot of fun this season, trying to make it one the seniors would not forget.



Junior Brandon Stack focuses on the ball before teeing off. Not only was this his first year on the varsity team, but he also loved it so much he plans to join next year.



3.



4.



Senior Spotlight



Kenneth Soria

Busting onto the green



Variety row 1: Trenton Halcomb, Parvtezo Amihov, Timothy Bandy, Jose Rivera, Ulises Ayala; row 2: Kenneth Soria, Brandon Neyhart, Salvador Guel, Anthony Pelka, Brandon Stack, Shawn Daley; row 3: Coach Jason Quigg.

This year's golf season started out with high hopes, but by the first match, things weren't looking up. The golf team lost to Hanover twice and Hobart once but defeated the cross-town rivals the Edison Eagles with a team score of 213. The Ingot Golf Team had only one senior last season, so there were some experienced golfers returning. Timothy Bandy has improved a lot and with 4-year players in Trenton Halcomb and Kenneth Soria, the golf team looks to have some success this season, stated Coach Jason Quigg. With over half the team graduating this year, the team doesn't have a designated captain. Coach Quigg expects his boys to try their hardest and lower their scores every match. In the boys' triangular match against Hanover Central and Michigan City Marquette, the Ingots shot a 190, the lowest team score River Forest has seen in the past six years. The boys finished off this season with a winning record of 12-7. At the Spring Sports banquet, senior Timothy Bandy was honored with the Most Valuable Player Award. Senior Trenton Halcomb received the Most Improved and junior Brandon Stack was awarded Mental Attitude.



Freshman Brandon Neyhart completes a full swing almost hitting a hole-in-one. I really enjoyed golf this year, and I can't wait to return to the team next year, claimed Brandon.



1. Senior Jaseela Cox awaits the return ball from her East Chicago opponent. Her hard work during the summer helped her win the match.



2. The team poses for a quick picture after their match against Hammond Gravit. The team finished the year with a record of 5-9.



3. Junior Teressa Bravo watches the ball also and fall on the line. Teressa played number two doubles with Ashley Clark.

4. Junior Mikendra Jones screams with joy when she realizes that the ball fell inbounds. Mikendra played number two singles for the Lady Eagles.



Sophomore Samantha Sandojas reaches back to get a full swing on the ball. Samantha played number one singles.





Senior Spotlight



Veronica Torres

Bouncing into a joyful season



Variety row 1: Moleen Menchaca, Moleen Bigott, Stephanie Molendox, Samantha Sandojas, Elizabeth Stojanovich, Alexandra Nikolaj; row 2: Coach Michael Stye, Mikondra Jones, Amanda Ruess, Veronica Torres, Ashley Clark and Teresa Bravo

The girls started out with high hopes due to an increase in the number of participants. With dedication from every player, the girls gave their all to make this a memorable season. Coming off a sectional championship, the team was eager for a repeat. The team knew that they could do it. Last year the team was without standout Julia Horn and still won sectionals. Coach Michael Stye was anxious for the season to begin and for another run at a sectional championship. "I am looking forward to another great season. We have a great mix of youth and experience. We will definitely be a force to be reckoned with," stated Coach Stye. Many girls have been working hard during the off season to improve their skills. Many of the girls were pumped to redeem their title at the Lake Station Invite. Although the outcome wasn't what they had hoped, they still played hard and were awarded second place. At sectionals, the team was easily defeated by Gary Low Wallace; however, seniors Veronica Torres and Amanda Ruess advanced to regionals. This year's Most Valuable Player was Ashley Clark. The Mental Attitude Award winner was Moleen Bigott. Receiving the Most Improved Player was Teresa Bravo.



Senior Ashley Clark follows through on her swing against Hammond Invite. Ashley was one of the three seniors on the team.





Robert,

You were my first born
and a wonderful start to my
life. It has been a long hard
road, yet you have kept mov-
ing forward. Always keep
your expectations high and
never give up!!

Stay Strong!

Love,

Mom and Dave

Ph. (219) 962-8080



Hardin's Speed Service

Auto Parts • Machine Shop
Racing Equipment

Wally Hardin
Owner

3649 Illinois St.
Hobart, In. 46342

David N. Gilyan

Attorney at Law



1459 South Lake Park Ave.

Hobart, IN 46342

david@gilyan.net

(219) 981-2511



Member FDIC

Banking---Insurance ---Wealth Management

James R. Kish
Director of Retail Services



555 East Third Street
Hobart, IN
46342



Phone: 219-942-1175---Fax: 219-942-6399---Toll Free: 800-562-4728
jkish@mainsourcebankhb.com

River Forest Library



Librarian: Mrs. Peggy Hunt
Assistant: Mrs. Tanna Taylor

Kids Who Read Succeed!



Jessica,

Your birth was a great joy that completed my life. There have been many hurdles throughout your years, yet you have stayed tough. Remember the only proof is to yourself!! Grab your dreams and hang on tight.

Love,

Mom and Dave

S&S Tires
233 Central Ave.



Lake Station, IN 46405
219-942-9359

*Like a good neighbor,
State Farm is there.®*

24 Hour Good Neighbor Service®

ROBERT W. JONATIS

Agent

3725 Central Avenue

Lake Station, IN 46405

Off.: (219) 962-1700

Fax: (219) 962-5995

Res.: (219) 795-1760



STATE FARM INSURANCE COMPANIES

HOME OFFICES: BLOOMINGTON, ILLINOIS

Sewing By Judy

Alterations • Men & Women • Embroidery
Screen Printing • Athletic and Everyday Apparel

WBE (Woman Owned Business Enterprise)

441 E. 3rd St.

Hobart, IN • 46342

Phone: 219-947-0675

FAX: 219-945-0391

Judy A. Gross, Owner

YEARBOOKS ARE FOREVER

Buy one today!

www.buyayearbook.com



Walsworth
Publishing Company



Wow, where did 18 years go? It doesn't seem that long ago when you were our "Pee Wee." Now you're all grown up and ready to take on the world! Whatever life brings always be true to yourself and never compromise for anyone. We will support you in all endeavors, whether that be to go to college or to enter the workforce. We love you and are very proud of you. We know you'll be successful in whatever you choose to do. Remember to stay close to God and he will always be with you.



TO TRENTON,

TRUMP.

MY GRANDSON

GOD BLESS HIM

WHOM I AM VERY

WITH A WISDOMFUL

PROUD OF YOU

COOPERATION

HAVE GROWN

COOPERATION

OUR FIRST

EVERYTHING

YOU'RE HAPPY

YOUR OWN

THROUGH PAIN

YOUR OWN

ON A DATE TO SEE

YOUR OWN

ALL OF THEM

YOUR OWN

OUR OWN

YOUR OWN

THANK

YOUR OWN

EVERYONE

YOUR OWN

THANK

YOUR OWN

YOUR OWN

YOUR OWN

YOUR OWN

YOUR OWN



Service Worth Celebrating!

SERVING 42 CONVENIENT BANKING LOCATIONS IN

Lake, Porter, LaPorte, & Marshall Counties



www.centier.com

756-BANK
In Lake County
1-888-CENTER
Outside of Lake County

advertisements

95

HOBART LUMBER CO.



Store (219) 942-1178
Toll Free (800) 688-1178
Fax (219) 942- 2123

Mon-Fri 7:30-6:00
Saturday 8:00-5:00
Sunday 10:00-3:00

661 Main Street
Hobart, IN 46342

Good luck class of 2007!

Thanks for a great 1st year
in the high school.

Ms. Fishel

For gear box repair, all types and
sizes analysis, parts, repair and
testing call

Sun Engineering Inc.

Machinists, Fabricators
CNC Machinists

Walter Williams

President

(219)-962-1191

Fax (219)-962-5885

950 Marquette Road
Lake Station, Indiana 46405

To my Erica, I'll miss you when

you go away to college but I am expecting
great things from you.

Always stay in touch

with your tia Gale. Love!

Creative Cakes

Designed Especially For You

*Pastries & Cookies
Available Upon Request*

June

(219) 962-5655

30 Years Experience

George's Gyros Spot #2

1201 West 37th Avenue
Hobart, Indiana 46342

(219) 947-7919

Raeanni,
We made it! Congratulations and good
luck!
Love you!
Grandma

Congratulations

to the class of 2007!

Best wishes to all of our former students.

R.F.E. Staff



"Good Luck
Class of 2007"

GEM
CONSULTING, INC

Bob Marszalek
&

Jerry McCullum

Educational Consultants

*Rae,
I have watched you grow.
You're a giving, civic-minded
person. Your heart is full as
well as your soul. God is with
you, your brother and family.
Congratulations!
Love you,
Mom*





THE BEST DEALS IN TOWN FOR YOUR GROCERY NEEDS.

WHERE GENERATIONS OF SHOPPERS HAVE COME.

3232 CENTRAL AVENUE

(219) 962-1234

Congratulations

Class of 2007!

*Hobart Township
Teachers Association*

How Does HTTA Help You?

- Support School and Community
- Grants, Dollars for Scholars & Teacher Scholarship
- Represents the Teachers of Tomorrow
- Believes in Public Education

Helping Students
Prepare for the Future
NEA, ISTA, HTTA

Helping Teachers Teach

*Brady Chapel
Lake Station
219-962-1606*

*Hobart Chapel
Hobart
219-942-2109*

Rees Funeral Home



Making life a little easier.

*Olsen Chapel
Portage
219-762-5013*

*Winfield Chapel
Winfield
219-661-2600*

Kellen's Florist, Inc.
since 1928

342 Main Street (219) 947-1197
Hobart, Indiana

Federated



AutoPro Automotive

The Parts Professionals

2340 Central Avenue
Lake Station, IN 46405

Phone: (219) 962-7558
Fax: (219) 962-4014

Printer Sales, Service and Supplies
Compatible Toner and Ink Cartridges



Quality Laser
Technologies, Inc.

1940 E. North St. Ste. B-C
P. O. Box 843
Crown Point, IN 46308-0843

Jill M. Kotul

Phone: 219-663-8086 800-362-3457
www.qualitylaser.biz

Fax: 219-663-8141
email: jill@qualitylaser.biz

DARI-MAID Grocery Store
(219) 962-2880

30 Years
in Business

CHECK CASHING

Payroll Tax Social Security

Jason Trezak - Owner
3232 Michigan Street
Hobart, IN 46342

Take Ridge Road to
Michigan St. Head
North 1/2 Mile - on
Left Side



"HOME OF THE
KITCHEN SINK
PIZZA"

PIZZA SHACK

**3146 Central Ave.
Lake Station, IN 46405
(219)962-1666**



CTX MORTGAGE COMPANY

Ruby A. Stover
Mortgage Consultant

4921 E. 81st Avenue
Merrillville, IN 46410
Office 219 617-2967
Toll Free 888 942-9333
Fax 219 942-9903 • Cell 219 617-2967
ruby.stover@ctxmort.com
www.rubystover.com



Express Auto Supplies



**701 East 3rd Street
Hobart, Indiana 46342
Phone: 219-942-1164**

Newspaper having fun in the sun!!!



Bryan's Florist

Flowers For All Occasions
FTD Wire Service Available - Teleflora

Hobart

947-1516

1331-W 37th Ave (Ridge Road)

Portage

763-3936

3335 Willowcreek Road

Owned and Managed by Kathy Bryan-Lyle

Gary
980-4700

Crown Point
663-8848

Munster
836-6147

Merrillville
738-1776

We specialize in prom and dance flowers.
Same Family Business Since 1949

- Fresh Breads & Pastries Daily
- Cakes For All Occasions
- Full Service Catering



3806 Central Ave.
Portage, IN 46368
219-763-3008

Family Bakery & Catering

"Ethically, with Integrity, Serving ALL"

Democrat

Keith Soderquist
MAYOR
Lake Station



LDERSON

PHOTOGRAPHY

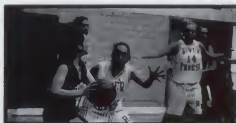
219-764-3232

www.aldersonphotography.com

*Thank You River Forest for a
Fun and Exciting Year!*

*Please call us for all of your photographic
or design needs.*

*Seniors - Sports - Families
and much more!*



River Forest Senior Center

RF







Editor



Business Manager



Co-Editor

Bubbly Yearbook Staff



The Yearbook staff would like to thank the following people: Mr. Ricky Baron, Mr. Bryan Daulton, and all the individuals and companies who helped in the funding of this yearbook.

Volume 47 of the Ingot Yearbook was printed by Walsworth Publishing Company in Marceline, Missouri.

Valerie Tanke was the official sales representative. The yearbook was created using Adobe InDesign 2.0 by eight staff members. The official yearbook photographer was Alderson Photography.



1. Sophomore Ashley Gebhardt bange on her drum while marching in the Fourth of July parade. The drummers took up the rear, and played throughout the parade.
2. Juniors Cory Davis, Ron Delhaye and James Stover rock out at the final home basketball game during half-time. Rocking the drums was senior Greg Stokes.

A Year of Continued Excellence



Imagine a hot June afternoon. Where do you think 50 teenage boys and girls would be? Marching band members were out practicing their "Land of 1,000 Dances" and "On Wisconsin" for the Fourth of July parade performance. Then in the fall they would be found working on their Pinetree of the Caribbean music for the half-time performance at the football games.



All of the bands this year were once again under the direction of Mr. Nick Boersma. This year found a breaking of the bands. The numbers were large enough to have two high school bands, allowing those that want to perform for football, basketball and ISSMA events could be in Wind Ensemble, and those students that wanted to simply perform in concerts and normal school events could be in Concert Band.

Along with division of bands came an even larger push for Solo and Ensemble this year. Mr. Boersma challenged many students to perform either in Instrument Ensembles or as Soloists. Three students even went to state. Senior Yu Chen Hou and junior Ron Delhaye and sophomore Tyler Billingsley all received gold medals for their efforts at state.



3. Freshman Ashley Nieves and sophomore Valerie Villarreal practice "March to Castle Rock" for the band competition in the spring. The class practiced each three songs for the competition.

4. Basketball band members play the school song at Friday night basketball games. These members played at all the boys basketball home games.



The Jazz Combo also made a trip out to one of our local nursing homes to perform Christmas music for the elderly. After their performance, they then went to Strack & Van-Til's and performed out in the front of the store for the afternoon, spreading some Christmas cheer to all.

Wind Ensemble made a few touring performances in the spring time, visiting the three elementary performing for the 6th graders and any other grades that would attend, and performing at ISSMA Organizational Concert Festival.

1. Juniors Jason Lopez and Michelle Garcia play their part for the "Hay Song" at the basketball homecoming game. The basketball band played cheer songs throughout the game.

2. The clarinets have the largest section in concert band. They practiced songs for the end of the year concert.

3. Junior Garrison Dixon poses for a picture while waiting for the next song to play. This was Garrison's third year in the high school band as a drummer.

4. At the Hobart Fourth of July parade, the band marches down Main Street playing the school song. It was a long, hot march for the students.

5. Juniors James Stover and James Freund mess around while practicing for the fall concert. Wind Ensemble performed at all the home football and basketball games.



ENNIS MOORE

& ASSOCIATES, INC.

2835 Central Ave.
Lake Station, IN 46405

FRANK L. ENNIS
BROKER/OWNER

(219) 962-7538 x222
Fax: (219) 962-6138

frank.ennis@ennismore.com

HENRY K. PONG D.D.S.
General Dentistry



3820 Central Ave. Lake Station, IN 46405
PH: (219) 962-8666 PH: (219) 962-3177

Kostidis Chiropractic Clinic

Dr. John N. Kostidis

Dr. John E. Kazonis

4004 North Campbell
Valparaiso, Indiana 46385

219-465-1140

800-873-6744



WALT M. KANIA, JR.

WALT'S WELDING

Auto Repair Shop

Phone
(219) 962-4591

314 E. 37th Ave.
Hobart, IN 46342

Easton's Lettering

Custom Quality Since 1960

- Award Jackets
- Embroidery
- Screen Printing & Apparel

604 E. Third Street
Hobart, IN 46342

(219) 942-5101
(800) 956-5101

Congratulations Michael

You have accomplished so much while in high school. Keep up the good work and you will see results.

love, DAD
CLASS OF
2007



You have all contributed "so much" to my happiness at River Forest--
"Flood"

May you never forget what is worth remembering or remember what is best forgotten. Best of Luck
Class of 2007! - Mr. Murray

Class of 2007- Best of luck in all your endeavors. Remember to never stop dreaming and working
hard to make your dreams come true.

RF Guidance Office

GOOD LUCK CLASS OF 2007-MR. THOMPSON

Congratulations class of 2007-Mr. and Mrs. Weitzel

Class of 2007! May all your hopes and all your dreams come true. Stay true to yourself; believe
in yourself and most of all respect yourself. I am very proud of all of you and I Love You! - Ms.
Sutherland

Strack & Van Til

7760 EAST 37TH AVE.

219-962-1115

**YOUR # 1
CHOICE**

FOR THE FINEST IN
SERVICE
SELECTION
AND SAVINGS

STORE HOURS

6AM - 12 PM

DAILY

7 DAYS

HOBART

HIGHLAND

HAMMOND

MERRILLVILLE

SCHERERVILLE

Visit us on the web @ strackandvantil.com





Congratulations Cristal



To our beautiful and loving daughter: Congratulations on your achievements and your accomplishments these four years. We love you very much and are very proud of you!
Love, Mami and Papi

Congratulations Jennifer

Jennifer, we are so proud of you! You have grown up so much. We wish you the best of luck in everything you do and we want you to know that we are always here for you! Good Luck in Beauty School and College! We love you! Love, Aunt Sue and Big Al!



**Baby
Princess**



**Grown Up
Goddess**



**Stupid,
Miss Cleo,
Pirocchio**

**Good Job & Good
Luck Doggie!**

*Love,
John, Rocio,
Becky, Alex,
Junior, Patty,
Mari, Eric,
Julio Amanda,
Nathan and the
2 new babies!!*



~McLachlan~
Thank you for being there when I needed you,
and when I didn't.
Thank you for being there through the worst
times,
and the best.
Thank you for being there to see when my
dreams
and my party ideas
Thank you for catching me
before I fell down,
Thank you for wiping away the tears
when I am crying,
Thank you for cheering me up
and making me laugh.
Thank you for all the great memories.
Put most of all, thank you
for being you!
I Love You
~Cristal~

Index

A

Abd-El-Mosty, Habiba 8, 23, 31
 Ables, Ashley 21, 34, 49
 Ables, Joshua 34, 54
 Aguilar, Angelina 35, 52, 69
 Aguirre, Jose 54
 Aguirre, Karina 49
 Alleen, Anthony 52
 Aminov, Farvizeho 8, 31, 61
 Arocho, Emilio 49
 Arocho, Mariana 54, 62, 63
 Arocho, Tony 8, 14, 61, 84, 85
 Ayala, Ulises 7, 9, 11, 12, 14, 61



B

Bandy, Joseeoa 33, 54, 77
 Bandy, Timothy 9, 14, 28, 33, 46,
 67, 76, 77
 Baron, Richard 22, 56
 Barrera, Briana 49
 Barrios, Ashley 52, 69
 Barrun, Nicolas 49
 Barrun, Noel 54
 Bigotti, Melissa 49, 69, 89
 Billingsley, Tyler 33, 34, 52
 Blaney, Francie 21, 56
 Blovine, Dave 28, 29, 61, 84, 85
 Blovine, Matthew 61
 Boerema, Nick 26, 34, 56
 Bojorquez, Jonathan 33, 54
 Brant, Matthew 39
 Bravo, Torosa 54, 62, 63, 88, 89
 Bravo, Vanosoa 52, 63, 73, 83
 Briggs, Donna 24, 56
 Brown, Gerica 21, 27, 34, 52, 63
 Bruce, Melane 27, 52
 Buckwalter, Erica 9, 10, 14, 20, 22,
 27, 33, 34, 35, 43, 46, 69
 Burgoes, Sandra 38, 39, 52
 Burleson, Joe 71, 83
 Burton, Devon 52

Burton, Jack 18, 56



C

Calderon, Jesus 49
 Calleros, Miranda 49, 63
 Campbell, Shane 49, 64, 65, 71, 85
 Campfield, Corrie 25, 35, 52
 Campfield, Donald 49
 Cano, Matthew 49
 Cantu, Vanosoa 54
 Cardin, Joseph 25, 49
 Carrillo, Kristina 33, 49
 Castillo, Alejandra 49
 Castillo, Jorge 54
 Castillo, Mario 61, 75, 85
 Coja, Delia 35, 49, 63, 73
 Coja, Juan 54, 65
 Coja, Pablo 54, 74, 75
 Chavez, Alejandra 38, 39
 Choate, Crystal 49
 Chontos, Karen 57
 Christian, Deeloo 54
 Cisneros, Cristal 6, 7, 8, 10, 11, 14,
 21, 33, 34, 35, 43, 46, 47,
 66, 67, 73
 Clark, Ashley 6, 8, 11, 14, 22, 33,
 34, 35, 37, 43, 46, 47, 62,
 63, 77, 88, 89
 Cook, Rachel 20
 Copeland, Kristin 34, 66
 Copeland, Rusty 18, 19, 56, 66, 67
 Cox, Joseeoa 6, 8, 10, 35, 47, 88
 Craven, Ashley 54, 69
 Crofton, Trebor 49
 Crownover, Kristin 54
 Crum, Matthew 34, 54
 Crum, Meagan 49, 69



D

Dalley, Jim 76, 83
 Dalley, Shawn 52, 77
 Davis, Cory 34, 54
 Davis, Mario 54
 Davitian, Megan 54

Dawson, Joshua 54, 61, 71
 Dawson, Justin 6
 Deaton, Tiffany 25, 33, 34, 35, 52,
 73
 Delunyo, Ronald 33, 34, 55
 Delmond, Choleoa 55
 Derby, Brian 25, 26, 34, 52
 DeRoff, Joseeoa 26, 56
 Detterline, Al 18, 56
 Diaz, Luis 52
 Diaz, Margaret 49, 73
 Diaz, Matthew 26, 34, 49
 Dixon, Garrison 34, 55, 76, 77
 Dominguez, Valerio 52
 Doring, Keorio 34, 49
 Dose, Anthony 49
 Dreams, Zachary 55
 Duff, Tavia 25, 35, 49, 69
 Duron, Anthony 21, 56



E

Einhart, Joshua 52
 Elia, Jonathan 6, 9, 11, 12, 14, 33,
 43, 46, 64, 65, 70, 71, 84,
 85
 Embry, Nathan 49
 Esteph, James 34, 55, 75
 Esteph, Jane 52, 75
 Esteph, Kathrine 49, 63
 Esteph, Tasha 9, 10, 14, 34
 Ester, Britno 20, 33, 34, 35, 55



F

Feller, Ashley 35, 52
 Ferrel, Mychal 52
 Ficous, Justin 71
 Fisher, Wendy 17, 18
 Fisher, Brett 52
 Florek, Rasanna 9, 11, 14, 22
 Flores, Emilio 49
 Flores, Selma 35, 49, 63
 Flud, Samantha 52
 Franklin, Elliot 21
 Fround, James 34, 55



G

Gaffner, Chris 69
 Garcia, Antonio 49
 Garcia, Michelle 33, 34, 55
 Garcia, Robert 34, 55
 Garza, Natalie 19, 49, 63
 Gasaway, James 22, 55, 75
 Gasaway, Jessica 49
 Gault, Tim 56, 75
 Gawol, Christina 35, 49
 Gebhardt, Ashley 24, 34, 52, 69
 Gfro, Almos 49
 Goin, Nicole 34, 52, 63, 73, 82
 Gonzalez, Andree 29, 49
 Gonzalez, Christina 52
 Goodman, Justin 49
 Graessl, Barb 57
 Graun, Jonathan 33, 55
 Graun, Nicholas 7, 8
 Gray, Brandon 49
 Green, Katie 52
 Green, Nakita 55, 72, 73
 Griffin, Durica 55
 Gueltieri, Deanna 26, 27
 Guel, Salvador 7, 9, 10, 12, 23, 64,
 65, 71
 Guel, Scott 65
 Gutierrez, Cesar 33, 50



H

Haag, Matthew 8, 11, 14, 23, 33,
 61
 Halcomb, Trenton 9, 10, 12, 14, 33,
 34, 35, 43, 64, 65, 71
 Halstead, Jessica 50
 Hamilton, Amber 50
 Hamilton, David 25, 50
 Hanson, Payton 53, 69
 Hanson, Rick 85
 Hardesty, Gloria 55

Harper, Derek 50
 Harper, Jorica 50
 Harrison, Stephen 11
 Hartman, Sarah 50
 Havens, Erica 6, 7, 8, 10, 11, 14, 34,
 35, 43, 63, 83
 Haavilla, Richard 24, 56
 Henderson, Tanna 6, 8, 14, 33, 46
 Henry, Eric 50
 Henry, Nicole 50
 Hernandez, Oscar 50
 Herrera, Ashley 8, 10, 11
 Herring, John 6, 9, 10, 11, 14, 33,
 34, 43
 Hou, Yu Chen 9, 14, 33, 34, 35, 46
 Hrnjak, Cory 38, 39, 55
 Hunt, Peggy 56
 Hurley, Dominic 33, 50
 Hurley, Maricela 50
 Huseynov, Rashid 9, 31, 41
 Huteon, Jonathan 20, 34, 55, 65, 77
 Huteon, Kaylee 33, 34, 50, 63, 77



I

Irtzarry, Luis 50

J

Janeon, Jeremy 53, 71
 Jimenez, Pete 71
 Johnson, Laura 56
 Jones, Amanda 50
 Jones, Dennis 53, 61, 85
 Jones, Mikandra 33, 34, 55, 88, 89
 Jones, William 34, 76, 77

K

Kappiah, Abdul 8, 31
 Kazakovich, Dina 23, 31, 55, 69
 Kemp, Jessica 8
 Kennedy, Brittany 50, 62, 63, 83
 Kiener, Amanda 20, 33, 34, 35, 55,
 63, 83
 Kiener, Andrea 34, 53
 Kiener, Ashley 35
 Klimek, Alysea 55
 Klimek, Amanda 50
 Komosa, Gloria 26, 27, 56
 Koehnke, Michael 53, 85
 Koehnke, Robert 8

Kowalewski, Julia 35, 68, 69
 Kradel, Molly 21, 56
 Kurina, Jesse 53
 Kutermer, Michelle 57



L

Lacyan, Marlam 9, 31, 41, 69
 Latta, Johnnie 50, 76, 77
 Law, Brittany 35, 55
 Leenor, Amber 26, 35, 50
 Lewis, Jordan 18, 25, 33, 50
 Ling, Debra 50, 83
 Lomas, Alejandro 50
 Long, Dale 85
 Long, Jeremy 50
 Long, Katie 34, 50, 63
 Lopez, David 9
 Lopez, Jason 28, 34, 77, 84, 85
 Lopez, Kayla 21
 Lopez, Sonia 27, 53, 73
 Lucas, Falcon 53, 72, 73

M

Maldonado, Manuel 55, 85
 Manning, James 55
 Manna, Anna 53
 Martinez, Angie 57
 Martinez, Juan 34, 50
 Martinez, Patricia 53
 Mason, Kristopher 50
 McClelland, Myka 55
 McCrookay, Megan 33, 34, 55
 McPhoe, Caitlin 53
 Meeco, Joseph 50, 75
 Meentemeyer, Elysea 35
 Melendez, Stephanie 53, 89
 Menchaca, Melissa 50, 63, 73, 89
 Mendez, Ruben 53, 61, 75
 Mendez, Sara 35, 55
 Mendoza, Brent 53
 Mendoza, Vanessa 35
 Michalk, Nathan 7, 9, 10, 14, 33, 46
 Michalk, Sandra 20, 47, 57
 Miller, Mary 39
 Miller, Norma 50
 Milliken, Meriah 53
 Mills, Luke 53
 Miranda, Lisa 57
 Mletter, Terrance 71
 Mitchell, Roelyn 35, 50, 63

index



Monde, Bernadette 57
 Moore, Jeremy 22, 61, 57
 Moreau, Corey 28, 55, 61
 Morgan, Kelly 7, 12
 Morris, Kristina 19, 50
 Morse, Candace 12
 Murray, Paul 17, 28, 29, 57

N

Nailey-Ortiz, Sandra 53
 Naranjo, Angelica 7, 12, 14, 23
 Nelson, Nichols 55
 Neyhart, Brandon 50, 71
 Nieves, Ashley 34, 50, 63, 73
 Nikollaj, Alexandra 50, 63, 89
 Nuzzo, Joe 74, 75



O

Obermeyer, Jeffery 29, 50
 Ochsall, Ashley 53
 Ochoa, Ariel 34, 73, 83
 Oliver, Ashley 35
 Ordway, Jennifer 6, 7, 10, 11, 13, 14,
 21, 34, 35, 43, 47, 63, 77
 Ortiz, Adam 53



P

Parduhn, Kristin 34, 51
 Parduhn, Loren 7, 11, 13, 23, 41
 Parker, Nathan 55, 61, 70, 71, 85
 Parker, Renee 33, 35, 51, 69
 Parkoreon, Bridget 57
 Parrott, Channing 67, 85
 Patterson, Anthony 34, 51
 Patterson, Thomas 51
 Pazik, Andrew 55, 71
 Pokosnak, Dustin 55

Pelka, Anthony 51, 61, 75
 Pendleton, Steven 51, 85
 Pennington, Amanda 53, 63, 73, 83
 Papa, Christine 57
 Perez, Chanel 51
 Perez, Jennifer 7, 11, 12, 13, 15, 33,
 35, 46, 47, 62, 63, 83
 Perez, Orlando 51
 Perez, Ricardo 51, 61, 71
 Perkins, Michael 6, 7, 10, 12, 13, 15,
 34, 43, 60, 61, 71, 85
 Pieratola, Zachary 51
 Pinnick, Nancy 22, 47, 57
 Podenski, Amber 35, 51
 Podenski, Antonia 51
 Podenski, Britney 34, 55, 77
 Podrocca, Phillip 53, 71
 Poe, Michelle 34, 51
 Puskac, James 12, 13
 Putri, Pradizza 12, 31, 33, 35, 47

Q

Quigg, Courtney 63
 Quigg, Jason 47, 57, 71



R

Ramos, Amanda 27, 34, 51, 69
 Randteas, Katherine 33, 51
 Raerick, Judy 57
 Renovalee, Dezraie 51
 Rice, James 57
 Richardson, Ashley 33, 34, 35, 55,
 76, 77
 Richter, Michael 55, 61, 75, 84, 85
 Riley, Nichelle 6, 13, 15
 Rios, Pedro 35, 51
 Rivera, Jose 55, 67, 77
 Robertson, Gale 57
 Robinson, Dreauna 19, 51, 69
 Robinson, Hermine 7, 13, 15, 34, 35,
 43, 47, 69
 Robison, Brittaney 7, 11, 13, 15, 27,
 34
 Rodriguez, Joseph 35, 53, 61, 71, 85

Rodriguez, Kiera 53
 Rodriguez, Zaira 51
 Rogers, Michael 51
 Rogyon, Lacy 53
 Rolon, Kyoto 26, 53
 Ross, David 7, 11, 12, 13, 15, 21,
 27, 34, 35, 77
 Rowland, Scott 39, 56
 Rueher, Matthew 53
 Ruessel, Alex 53
 Ruessell, Jermond 51
 Ruessell, Amanda 6, 13, 15, 34, 47, 63,
 73, 89
 Ruessell, Jasmine 34, 51, 69
 Ruessell, Lisa 47



S

Saalwaschter, Andrew 11, 12, 15, 33,
 34, 35, 37, 61
 Saalwaschter, Keri 13, 15, 26, 34
 Sallbers, Ashley 51, 69
 Sallnas, Christina 12
 Sallnas, Daniel 53, 75
 Sandejas, Samantha 53, 63, 88, 89
 Saylor, Benjamin 53, 61, 75
 Schultz, Joseph 34, 56
 Schwader, Robert 12
 Seeba, Matthew 56
 Serwongas, Straya 31, 56, 69
 Shadley, Betty 57
 Sharp, Bonita 51, 69
 Shearer, Nicole 34
 Shorter, Frazier 51, 61
 Singer, Kristen 11, 12, 13, 15, 35,
 47, 69
 Sisk, Sherri 53, 73
 Skys, Michael 18, 19, 57, 89
 Smith, Anthony 29, 51
 Smith, Joshua 53, 61, 74, 75, 85
 Smith, Ryan 23, 51, 65, 71, 85
 Soria, Ivan 53
 Soria, Kenneth 6, 7, 10, 11, 13, 29,
 43, 64, 65, 70, 71
 Soto, Lollary 26, 51, 63
 Souza, Mariana 31
 Sovich, Natalie 20, 34, 35, 53, 63,
 73, 82, 83
 Sovich, Nicholas 13, 61
 Sparks, Vicky 53
 Spencer, Jeremy 56
 Spencer, Jim 57

Spranger, Margareta 21, 31, 56
 Squires, Anthony 29, 54
 Stack, Brandon 33, 45, 56, 65, 70,
 71

Stewart, Sonya 35
 Stojanovich, Elisabeth 34, 51, 89
 Stokes, Derek 21, 34, 54, 61, 74,
 75
 Stokes, Gregory 6, 7, 13, 15, 35,
 47, 61, 68

Stokes, Shavon 34, 51, 73
 Stone, Jonathan 29
 Stover, James 34, 56
 Stover, Jeremy 23, 34, 51
 Striffler, Edward 13
 Sublett, Phillip 54, 61, 85
 Sul, Cassandra 51, 63, 73
 Swanson, Michael 28
 Sygit, Jeff 20, 57
 Szparaga, Charles 19, 54
 Szparaga, Noreen 34, 54



T
 Taylor, Jennifer 51
 Taylor, Jessica 54
 Temple, Steven 34
 Thowe, Ashley 56, 77
 Thomas, John 61, 75, 85
 Thompson, Rodney 65, 83
 Tibberty, Cholesea 56
 Timmerman, Mandy 7, 18
 Torres, Anthony 6, 12
 Torres, Ivan 61
 Torres, Javier 51
 Torres, Veronica 10, 12, 15, 89
 Trinidad, Alyssa 18, 54, 72, 73, 82,
 83
 Trinidad, Angel 6, 7, 12, 13, 15, 43,
 73, 82, 83
 Tucker, Vernon 6, 10, 13, 15, 43, 60,
 61
 Tuzinski, Alexander 22, 54



V

Vargas, Alex 54
 Vargas, Raquel 56
 Vega, Arturo 24, 51, 71
 Verdizzo, Ashley 54, 69
 Verdizzo, Luis 56, 66, 67, 75
 Villalponzo, Matthew 52
 Villalponzo, Nikolae 34, 52
 Villarreal, Tina 52, 69
 Villarreal, Valorie 54, 69



W

Wahl, Edward 56, 61
 Walker, Mycala 54, 62, 73, 83
 Walley, Allieon 52, 63
 Walley, Deelree 54, 63, 83
 Waledorf, Amanda 34, 35, 56, 63
 Waledorf, Jennifer 34, 52, 63
 Ward, MaRita 7, 13, 15, 33, 46
 Washington, Dexter 23, 52, 71, 85
 Wells, Zachery 52
 Whiting, Kirk 22, 23, 57
 Whitten, Krystal 21, 27, 33, 34, 54
 Wisluga, Andrew 47, 57
 Williams, Tiffany 39, 52
 Windeor, Candace 35, 52
 Witten, James 54, 61, 69
 Wolfe, Jill 35, 54
 Woyrnarocki, Amy 63
 Woyrnarocki, Bob 63



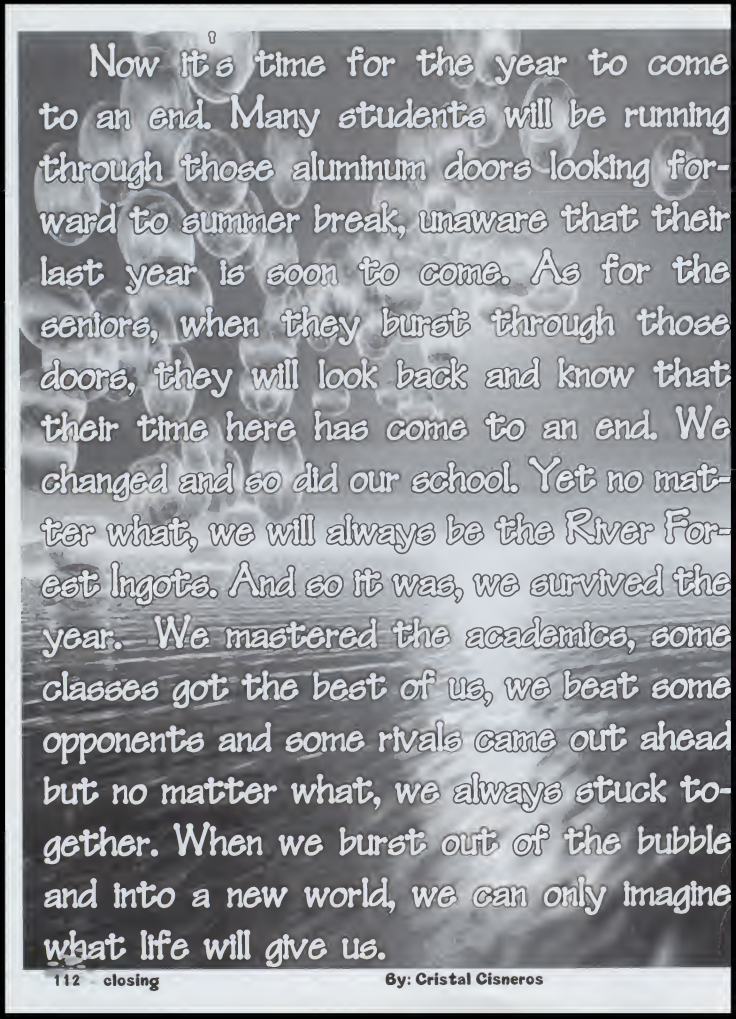
Y

Yanoz, April 13, 24, 47
 Yoo Yi Ling, Vanessa 31, 41
 Young, Tammy 57

Z

Zambrana, Jack 52, 60, 61, 71, 85





Now it's time for the year to come to an end. Many students will be running through those aluminum doors looking forward to summer break, unaware that their last year is soon to come. As for the seniors, when they burst through those doors, they will look back and know that their time here has come to an end. We changed and so did our school. Yet no matter what, we will always be the River Forest Ingots. And so it was, we survived the year. We mastered the academics, some classes got the best of us, we beat some opponents and some rivals came out ahead but no matter what, we always stuck together. When we burst out of the bubble and into a new world, we can only imagine what life will give us.

